



LIZZIE SHAWCROFT

DOB: 29/04/1988

Place of birth & grew up:
Southampton

Currently Living:
Plymouth

Occupation:
Student – Plymouth University

Sailing/ Yacht Club:
Hamble River Sailing Club

Position on Boat: pit/trim

No Image

First sailing experience: I have grown up around sailing, as both of my parents are involved in the yachting industry, so I don't actually remember my first ever sailing experience! However I only started to be taught properly when I was 11 at Southampton Water Activity Centre in toppers!

Greatest sailing goal: I have lots of sailing goals and am always scheming new projects. I would however like to develop to become an asset to any team which I am part of.

Greatest sailing achievement to date: Being on one of only about 60 boats to finish the 2007 Fastnet.

Most memorable sailing experience: My most memorable experience to date is of my round Britain and Ireland attempt in an X332 with '5 girls and a bloke'! I initially met the crew on one of my random answers to crew requests on the internet, and before I knew it we were off into storms in the Irish sea, with no GPS, only a rough idea of our position, having to do sail repairs for the first time and in the top 3 on handicap! Unfortunately we sheered the D2's on the rig, forcing us to retire, but it was an amazing experience. Loved every minute of it!

Meet the Sailor....

Greatest strength you bring to the academy? I would say that my greatest strength is my communication within a team, both on a boat and also to outside parties. I am determined and reliable and love working as part of a team.

Most influential person in your sailing career to date? *The people I sail with are the most influential people in my sailing career to date. I learn something new from someone each time we go out sailing, their ambitions and achievements inspire me and their trust in the team drives me to do the best that I can.*

What do you hope to achieve from joining the Keelboat Academy? *From joining the Keelboat academy I hope to be able to develop as a sailor, gaining the experience in roles on board a boat which I have previously not being allowed to try such as navigation. The opportunity to sail with other similar minded young people with the same determination and to be coached in all aspects of the sport is one which I value highly. I hope to be able to expand my network of contacts through the academy and use everything that I gain to help my professional involvement with the sport.*

If you could compete in any Keelboat event what event would it be and why? *If I could compete in any Keel boat event it would be the Tour de Voile. It has the challenges of both inshore and offshore racing.*

Top 3 career sailing results:

- 1) 1st Class 3 Fastnet 2007 – sigma 38
- 2) 1st Class 3 Honfleur Double - Figaro
- 3) Vice Admirals cup 08 overall winners – Farr 45

Other notable achievements away from sailing? *Duke of Edinburgh award. Pool life guard*

Other interests away from sailing? *I play the piano and love swimming and F1 racing.*

Who is your hero and why? *My hero is Clark Kent because he looks out for people, reports back to everyone and doesn't take any credit for it – just a bit of a legend really ... and he's an actual super hero! (even if he does wear his pants on the outside!)*

Any famous relatives?! *Not yet – sorry!*