



# Notice of Selection – RYA British Youth Sailing

## 2018 British Youth Sailing Team Selection

## 2018/19 RYA UK Youth Squad Selection

Version Details:	
<b>Programme:</b>	British Youth Sailing
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<b>Element Name:</b>	2018/19 RYA UK Youth Squad, Summer Team Support & RYA Youth Squad A Status Selection Policy
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<b>Endorsement</b>	RYA Youth Racing Committee
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<b>Authorisation Date:</b>	15 December 2017

## 1. INTRODUCTION

- 1.1 This document sets out the squad, team or class-specific selection policy, practice, process, criteria and the responsibilities of individuals involved in the selection process for the RYA British Youth Squad and the British Youth Sailing Team.
- 1.2 This document supplements and should be read in conjunction with the British Youth Sailing “Programme Selection Policy & Procedures”, which is available from the RYA website. It consists of the following sections:
  2. Aims of the Programme
  3. Eligibility
  4. Section practice
  5. Selection process
  6. Selection criteria
  7. Appeals
  8. Status
  9. RYA UK Youth Squad and British Youth Sailing Team composition
  10. RYA UK Youth Squad and British Youth Sailing Team Indicator Events
  11. Application

Appendices:

A – 2018/19 RYA British Youth Sailing supported events & anticipated RYA UK Youth Squad sizes & selection process.

B – 2018 RYA British Youth Sailing Transition (T1/U17) supported events

C – 2018/19 Profiling Benchmarks

D - British Youth Sailing Values & Behaviours

## 2. AIMS OF THE PROGRAMME

- 2.1 The overall aim of the RYA British Youth Sailing programme is to:

***“Develop & Retain the Best Young Racing Sailors in the World”***

- 2.2 In order to achieve the above, we aim to select a squad comprising those individuals and teams who are most likely to excel at dinghy and windsurf racing to receive additional coaching and support from the RYA and thereby:
  1. Ensure the best chances of medal success;
  2. Accelerate individuals/team development;
  3. Create a squad which will optimally feed the British Sailing Team and other senior development programmes; and
  4. Make best use of RYA, funding partner and sponsor resources.

(Together the “Programme Aims”)

## 3. ELIGIBILITY

British Youth Sailings remit covers all sailors U23 unless specifically covered by another RYA programme (the RYA British Keelboat Academy for example) therefore any sailor U23 on the 31Dec 2018 may **exceptionally** be considered for selection under the discretion of the selection committee.

**However normally, to be eligible for selection, sailors must:**

- 3.1. At the time of selection be eligible to compete for Great Britain at a World Sailing sanctioned event as defined in World Sailing Regulation 19.
- 3.2. For the **British Youth Sailing Team (i.e. April selection)**; normally be aged U19 on the 31 December 2018 (individual event selections may differ to this), *with the exception below*.
- 3.3. For the **UK Youth Squad (i.e. September selection)** be U18 on the 31 December 2018, with the exception of the below

In exceptional circumstances, sailors who do not comply with 3.1 may nevertheless be eligible and selected, if expressly confirmed by the RYA Youth Racing Manager. Such sailors will be required to carry GBR on their sails and may be required to sign a written declaration of intent to comply with 3.1.

In double handers, in order to help sailing partnerships stay together and allow sailors to progress at a rate consistent with the maturation of their 'academic' peers, sailors normally remain eligible for selection when:

For **British Youth Sailing Team (i.e. April selection)** when one member of the team is aged U20 on the 1 September 2018 and the other is aged U19, provided the older sailor was born between 1 September and 31 December inclusive.

For **UK Youth Squad (i.e. September selection)** when one member of the team is aged U19 on the 1 September 2018 and the other is aged U18, provided the older sailor was born between 1 September and 31 December inclusive.

Exceptionally for 29er girls, Laser Standard, Laser Radial girl & RS:X girl sailors the age for selection for all selection points are raised to U21 on the 31 December 2018 by selectors' discretion.

For 29er & RS:X girl sailors these would be additional places at the selector's discretion and not at the expense of youth worlds age sailors

**Attention is drawn to the World Sailing age of eligibility for Youth Worlds selection which means that sailors that do not comply with 3.1 – 3.3 cannot represent GBR at the World Sailing Youth Championships 2018**

**Selection to the RYA UK Youth Squad and British Youth Sailing Team is conditional upon:**

Full commitment to the programme

Continuing to satisfy the eligibility criteria

**Achieve and maintain the profiling benchmarks set by British Youth Sailing Pathway Sport Science Team**

Complying with all terms and conditions within the squad contract

Fulfilling all squad training requirements (unless dispensation has been sought and granted)

Adherence to a personal competition and training programme

Exhibiting behaviours consistent with the BYS values

Any selection is subject to the prior compliance to and on-going conformance to any standards, expectations, charters and codes of conduct laid down by the RYA and its representatives.

#### 4. SELECTION PRACTICE

The Selection Committee is appointed as per the British Youth Sailing “Programme Selection Policy & Procedures” and currently comprises of the following people, none of whom will have eligible children within the Youth classes:

- Chair of Selectors – Youth Racing Committee
- RYA Director of Racing
- RYA Youth Racing Manager
- RYA Single-handed Pathway Manager
- RYA Double-handed Pathway Manager

The RYA UK Youth Squad is selected annually at the winter selection point in September and then reviewed quarterly.

British Youth Sailing teams for summer international support are selected at the April selection point. This will also be used as the Youth Squad review. All sailors who wish to be considered for selection should apply or reapply as appropriate.

**Selection or reselection is at the discretion of the Selection Committee and based upon meeting the sailing performance and physiological benchmarks as defined, irrespective of previous squad membership.**

**This applies for all sailors.**

Each class uses specified indicator events from which there are normally places allocated on the basis of results, age criteria and the discretion of the Selection Committee.

The timings and principles are outlined below:

	British Youth Sailing Team	Youth Squad
<b>Time of year selections made</b>	April (after the RYA Youth National Championships).	September/October.
<b>Purpose</b>	Select sailors for British Youth Sailing Team for the Summer 2018	Select sailors for RYA UK Youth Squad October 2018 – September 2019.
<b>Review Points</b>	1 July.	1 January, RYA Youth National Championships, 1 July.
<b>Small group training environment (Regional/Class Association/Open Training)</b>	A Status, B Status (Pro rata depending on time of selection)	
<b>Medium group environment (UK Youth squad)</b>	3 x 4 day camps & 4 x 2 day camps (Pro rata depending on time of selection)	
<b>Large group environment (Racing)</b>	Relevant international events	Class Racing events (aprox.6 per year)

## 5. SELECTION PROCESS

- 5.1 Selection of the sailors for inclusion in the UK Youth Squad or British Youth Sailing Team will be determined by an independent Selection Committee who are appointed as per the British Youth Sailing “Programme Selection Policy & Procedures”. Their remit is to select a squad which, when taken as a whole, will:
1. Have the best prospects of producing medal winners at World and European Championships, now and in the future.
  2. Have the best prospects of producing medal winners at the Youth Sailing World Championships-
  3. Have the best prospects of optimally feeding the British Sailing Team, and other senior development programmes; and
  4. Best fulfil the Programme Aims.
- 5.2 All selections are made at the discretion of the Selection Committee.
- 5.3 The process the Selection Committee will normally follow to select the squad is:
1. A number of places will normally be allocated by the Selection Committee based upon the highest ranked eligible sailors at the *primary indicator event(s)* using the indicative number of result based places and the criteria listed in Appendices A, B, C.
  2. Further places may be allocated by the Selection Committee based upon the indicative number of additional places listed in the Appendices and their consideration of the criteria listed sections 2, 3 & 6.
- 5.4 At the designated review points the Selection Committee may select sailors to join the RYA UK Youth Squad and or the British Youth Sailing Team. Sailors may also be deselected from both squad and team at these points.

The process that the Selection Committee will normally follow to review sailors is:

1. Results progression
2. Maintenance and progression of profiling benchmarks
3. Adherence to the Eligibility criteria detailed in section 3.

### 5.5 2018 British Youth Sailing Team Selection

The Selection Committee have full discretion when awarding international travel grants and places within British Youth Sailing teams.

International travel grants and places within British Youth Sailing teams will ordinarily be awarded following the British Youth Squad selection point in April. The likely size of any British Youth Sailing Teams, the process, number of grants available and the likely notification date is outlined in Appendix A. Grants may be offered in whole, in part or not offered at all depending on the Selector’s appraisal of the best way of fulfilling the Programme Aims detailed in item 2.

Unless otherwise stated, or unless the eligibility criteria for the regatta differs, where an age category is mentioned as part of the results based criteria for international events or grants, this shall be assumed to be as of 1 December 2018.

The indicative number of grants may not be awarded if insufficient eligible sailors win places in teams via the class selection process **Sailors may only normally accept a grant/subsidy for a given regatta from either the British Youth Sailing or British Sailing Team, not both.**

Where a selected sailor has already been offered a British Sailing Team grant for that regatta, then the British Youth Sailing grant may either be offered to another sailor or withheld entirely.

Additional support may be provided for other events identified later in the year as appropriate. This will be dependent on available funding and resource at that time.

## 5.6 RYA UK Youth Squad A Status

The RYA UK Youth Squad A status aims to support those sailors from within the UK Youth Squad that the Selection Committee have identified as having the most potential to progress to the British Sailing Team and win medals at major international regattas.

It **may** provide *additional* international competition exposure, sports science/lifestyle support or domestic and international training for a small number of boats/sailors supplementary to the core RYA UK Youth Squad programme.

### **It gives direction to Coaches to allow them to prioritise their time.**

Support associated with Youth Squad A Status is designed to increase the British Youth Sailing Teams chances of winning medals at World and European Championships and enable the smoothest progression to Olympic Class sailing.

It also provides additional support for increased Regional/Home Country training.

This additional support is a Sport England resource for English sailors only. In situations where Home Country sailors qualify for Youth Squad A status, additional support may be awarded at the discretion of the Selection Committee, dependant on what support is available from their Home Country National Governing Body.

The Youth Squad A Status selections will be made by the Selection Committee using the eligibility criteria and based on the processes outlined in Part 1 items 2, 3, 5, 6 and 7 and Appendix A.

To be eligible for this programme requires passing a second higher physiological benchmark.

A number of the Youth Squad A places will normally be determined from the results of the primary indicator event; other places may be offered on the basis of performance at both the primary and secondary indicator events, or from the identified squad reviews.

## 6. SELECTION CRITERIA

The Selection Committee have full discretion within the remit of fulfilling the programme aims when making their selections.

The Selection Committee will ordinarily only select Sailors that have achieved the minimum physiological benchmarks as set by the Pathway Sports Science Team (available from the RYA on request).

The Selection Committee will normally use one or more of the following criteria to select sailors, in accordance with the British Youth Sailing “Programme Selection Policy & Procedures”:

- Performance at the Primary Indicator event.
- Performance at the Secondary Indicator event(s).

- Performance at other events.
- Performance at a significant international regatta.
- Performance at major national events/training.
- Age, height and weight.
- Future potential.
- Goals and aspirations.
- Attitude and behaviour at the events in the series and during previous training.
- Factors affecting results.
- Class ranking lists.
- Anticipated squad dynamics.
- Any other factors the selectors consider relevant to fulfilling the Programme Aims.

The Selection Committee or their representatives may attend events during the year to gather information upon which to make their decisions.

The Selection Committee may review any available fitness testing data, as well as data and information provided as part of the application process.

They may also monitor the results and seek relevant reports from coaches and class association representatives about the primary and secondary indicators and other events.

## **7. APPEALS**

No legal action may be taken arising from a decision made by the Selectors.

Any appeal relating to the selection process will be conducted in accordance with the RYA Racing Department Selection Appeals Policy. A copy of this document is available on request from the RYA Racing Operations Manager.

## **8. STATUS**

The Royal Yachting Association (RYA)'s policies and procedures are subject to change from time to time, including variations required to comply with Sports Councils' directions on the investment of National Lottery funds. The RYA reserves the right to amend, supplement and/or discontinue at its absolute discretion, for whatever reason, any or all of its policies and procedures.

Grants will be repayable upon notification, if the competitor does not attend the regatta(s) for any reason. The RYA reserves the right NOT to provide international competition grants or withhold them for any reason.

## **9. RYA UK YOUTH SQUAD AND BRITISH YOUTH SAILING TEAM COMPOSITION**

Appendices A and B outline the intended RYA UK Youth Squad and British Youth Sailing Team sizes, number of places and team support offered.

For the avoidance of doubt: all selections, squad sizes and composition will be determined by the Selection Committee, however this document outlines the clear intent of the Selection Committee, and the principles they follow.

1. There are 10 Class disciplines that correspond with the 10 Olympic Classes
  - RS:X (Girls)
  - RS:X (Boys)
  - Laser Radial (Girls)

Laser Radial (Boys)  
Laser Standard (Boys)  
420 (Girls)  
420 (Boys)  
29er (Girls)  
29er (Boys)  
Nacra 15 (Mixed)

2. Indicative squad size per discipline is 6 boats.

3. Selection is based upon the quality of sailors and the needs of the programme at the point of selection. The selectors may exercise their discretion to not select a full squad or any squad dependant on what the programme needs and the desire to maintain quality.

4. In double handed classes, whilst there is no specific open team criteria, **mixed teams will be considered for selection** against the performance of the all boy or all girl boats at the discretion of the Selectors. For Nacra 15 this principle will apply to all boy or all girl teams.

## 10. RYA UK YOUTH SQUAD AND BRITISH YOUTH SAILING TEAM INDICATOR EVENTS

Appendices A and B also detail the two categories of events which contribute to selection decisions. These are:

1. **Primary**, which are used principally to allocate any results based places;
2. **Secondary**, which can be used in conjunction with **primary** indicators to support any additional selections,

The Selection Committee will also use other national and international events to review the sailor's performance as appropriate.

## 11. APPLICATION

Sailors who wish to be considered for a place in the RYA UK Youth Squad and British Youth Sailing Team must apply on-line at <http://www.rya.org.uk/racing/youth-junior/Pages/hub.aspx> . Sailors who are offered a place must be a member of the RYA in order to accept.

Applicants will be notified in writing as soon as is practically possible after the completion of the final indicator event, and usually within 14 days.

### Further Information

For further information please initially contact:

Double-handed Pathway Manager ([doublehandedmanager@rya.org.uk](mailto:doublehandedmanager@rya.org.uk)) or

Single-handed Pathway Manager ([singlehandedmanager@rya.org.uk](mailto:singlehandedmanager@rya.org.uk))

Alternatively please send an e-mail to the Youth Racing Manager at [youthracingmanager@rya.org.uk](mailto:youthracingmanager@rya.org.uk) .



**Appendix A - 2018/19 RYA BYS supported events & anticipated RYA UK Youth Squad sizes & selection process**

Discipline	Phase	Event/Squad	Primary Indicator	Secondary Indicator	Indicative squad/team size	Indicative Places		Event Arrangements
						Results based	Additional	
Laser Radial Female	Summer Team (April)	Laser Radial U21 World Championships, Gdynia, Poland. 1–8 Jul 2018	RYA Youth National Championships, LSC. 30 March - 6 April 2018	UKLA Qualifier, WPNSA, 17-18 March 2018	4	2	2	£300 (G) Coach support. Sailor makes all own arrangements. Sailor arranges & pays own entry fee
		Laser Radial Youth World Championships, Kiel, Germany. 18-25 August 2018			5	2	3	£225 (G) Coach support. Sailor makes all own arrangements. Sailor arranges & pays own entry fee
		Kiel Week, Germany. 16-20 June 2018						£225 (G) Coach Support. Sailor makes all own arrangements. Sailor arranges & pays own entry fee
	Squad (Sept)	UK Youth Squad	Laser Radial Youth World Championships, Kiel, Germany. 18-25 August 2018	UK Laser Open and National Championships, Plymouth. 21-27 July 2018 * <b>AND</b> UKLA Qualifier, South Shields. 22-23 September 2018 <b>**</b>	6	3	3	3 x 4 day & 4 x 2 day camps
		Christmas Race, Palamos, Spain. December 2018			All UK Youth Squad			Top 3 get £225 (G). Coach support. Sailor makes own arrangements. Sailor arranges and pays own entry

## Appendix A - 2018/19 RYA BYS supported events & anticipated RYA UK Youth Squad sizes & selection process

Discipline	Phase	Event/Squad	Primary Indicator	Secondary Indicator	Indicative squad/team size	Indicative Places		Event Arrangements
						Results based	Additional	
Laser Radial Male	Summer Team (April)	Laser Radial Youth World Championships, Kiel, Germany. 18-25 August 2018	RYA Youth National Championships, LSC. 30 March - 6 April 2018	UKLA Qualifier, WPNSA, 17-18 March 2018	5	2	3	£225 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee
		Kiel Week, Germany. 16-20 June 2018						£225 (G) Coach support, Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
	Squad (Sept)	UK Youth Squad	Laser Radial Youth World Championships, Kiel, Germany. 18-25 August 2018	UK Laser Open and National Championships, Plymouth. 21-27 July 2018 * AND UKLA Qualifier, South Shields. 22-23 September 2018	6	3	3	3 x 4 day & 4 x 2 day camps
		Christmas Race, Palamos, Spain. December 2018						All UK Youth Squad

**Appendix A - 2018/19 RYA BYS supported events & anticipated RYA UK Youth Squad sizes & selection process**

Discipline	Phase	Event/Squad	Primary Indicator	Secondary Indicator	Indicative squad/team size	Indicative Places		Event Arrangements
						Results based	Additional	
Laser Standard	Summer Team (April)	Laser Standard U21 World Championship, Gdynia, Poland. 1 – 8 July 2018	RYA Youth National Championships, LSC. . 30 March -6 April 2018	UKLA Qualifier, WPNSA, 17-18 March 2018	4	2	2	£300 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
		Laser Standard U21 European Championships, Bastad, Sweden. 17-24 Aug 2018						£300 (G) Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
		Kiel Week, Germany. 17-25 June 2018						£225 (G) Coach support. Sailor makes all own arrangements
	Squad (Sept)	UK Youth Squad	Laser Standard U21 World Championships, Gdynia, Poland, 1-8 July 2018	UK Laser Open and National Championships, Plymouth, 21-27 July 2018 *** <b>AND</b> UKLA Qualifier, South Shields, 22.23 September 2018 ***	6	2	4	3 x 4 day & 4 x 2 day camps
		Christmas Race, Palamos, Spain. December 2018						All UK Youth Squad

## Appendix A - 2018/19 RYA BYS supported events & anticipated RYA UK Youth Squad sizes & selection process

Discipline	Phase	Event/Squad	Primary Indicator	Secondary Indicator	Indicative squad/team size	Indicative Places		Event Arrangements
						Results based	Additional	
RS:X (Male)	Summer Team (April)	RS:X Youth World Championships, Penmarch, France. 1 <sup>st</sup> -7 <sup>th</sup> July 2018	RYA RS:X Youth National Championships, WPNSA, 13-15 April 2018	RYA NR, WPNSA, 10-11 March 2018	6	2	4	£150 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
		RS:X Youth European Championships, Sopot, Poland. 18-25 Aug 2018						£300 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
	Squad (Sept)	UK Youth Squad	RS:X Youth European Championships, Sopot, Poland. 18-25 Aug 2018 ****	National Windsurfing Championships, Sept 2018	6	2	4	3 x 4 day & 4 x 2 day camps
RS:X (Female)	Summer Team (April)	RS:X Youth World Championships, Penmarch, France. 1 <sup>st</sup> -7 <sup>th</sup> July 2018	RYA RS:X Youth National Championships, WPNSA, 13-15 April 2018	RYA NR, WPNSA, 10-11 March 2018	4	2	2	£150 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
		RS:X Youth European Championships, Sopot, Poland. 18-25 Aug 2018						£300 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
	Squad (Sept)	UK Youth Squad	RS:X Youth / Senior European Championships, Sopot, Poland. 18-25 Aug 2018 ****	National Windsurfing Championships, Sept 2018	6	3	3	3 x 4 day & 4 x 2 day camps

## Appendix A - 2018/19 RYA BYS supported events & anticipated RYA UK Youth Squad sizes & selection process

Discipline	Phase	Event/Squad	Primary Indicator	Secondary Indicator	Indicative squad/team size	Indicative Places		Event Arrangements
						Results based	Additional	
420 (Female)	Summer Team (April)	420 Ladies World Championships, Newport, USA. 08-15 Aug 2018	420 World and Junior European Class Selection Series.	RYA Youth National Championships, Largs SC. 30 March - 6 April 2018	As Class Selection Policy (not RYA team)	Full Class Team	0	Top 3 teams get £600 (G) Coach support. Sailor makes all own arrangements. Sailor arranges & pays own entry fee.
		420 Junior European Championships, Lisbon, Portugal. 03-11 July 2018				3 teams (no mixed)	0	Top 3 teams get £400 (G) Coach support. Sailor makes all own arrangements. Sailor arranges & pays own entry fee.
	Squad (Sept)	UK Youth Squad	420 event, WPNSA 22-23 Sept 2018	420 UK Nationals Brightlingsea 25-28 Aug 2018	6	3	3	3 x 4 day & 4 x 2 day camps
420 (Male)	Summer Team (April)	420 Open World Championships, Newport, USA. 08-15 Aug 2018.	420 World and Junior European Class Selection Series.	RYA Youth National Championships, Largs SC. 30 March - 6 April 2018	As Class Selection Policy (not RYA team)	Full Class Team	0	Top 3 teams get £600 (G) Coach support. Sailor makes all own arrangements. Sailor arranges & pays own entry fee.
		420 Junior European Championships, Lisbon, Portugal. 03-11 July 2018				3	0	Top 3 teams get £400(G) Coach support. Sailor makes all own arrangements. Sailor arranges & pays own entry fee.
	Squad (Sept)	UK Youth Squad	420 event, WPNSA 22-23 Sept 2018	420 UK Nationals Brightlingsea 25-28 Aug 2018	6	3	3	3 x 4 day & 4 x 2 day camps

## Appendix A - 2018/19 RYA BYS supported events & anticipated RYA UK Youth Squad sizes & selection process

Discipline	Phase	Event/Squad	Primary Indicator	Secondary Indicator	Indicative squad/team size	Indicative Places		Event Arrangements
						Results based	Additional	
29er (Female)	Summer Team (April)	29er European Championships, Helsinki, Finland. 6-12 August 2018	RYA Youth National Championships, LSC. 30 March - 6 April 2018	Class Ranking List @1 April 2018	6	4 inc. Top 2 U21	2	Top 3 teams get £400 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
		29er Eurocup, Lake Garda 25-28 October 2018	GP1 22-23 Sept 2018 WPNSA	29er European Championships, Helsinki, Finland. 6-12 August 2018	6	4	2	Top 3 teams get £300 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
		29er Euro Barcelona February 2019						Top 3 teams get £300 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
	Squad (Sept)	UK Youth Squad	GP1 22-23 Sept 2018 WPNSA	29er European Championships, Helsinki, Finland. 6-12 August 2018	6	4	2	3 x 4 day & 4 x 2 day camps
29er (Male)	Summer Team (April)	29er European Championships, Helsinki, Finland. 6-12 August 2018	RYA Youth National Championships, LSC. 30 March - 6 April 2018	Class Ranking List @1st April 2018	6	4	2	Top 3 teams get £400 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
		29er Eurocup, Lake Garda 25-28 October 2018	GP1 22-23 Sept 2018 WPNSA	29er European Championships, Helsinki, Finland. 6-12 August 2018	6	4	2	Top 3 teams get £300 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
		29er Euro Barcelona February 2018						Top 3 teams get £300 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
	Squad (Sept)	UK Youth Squad	GP1 22-23 Sept 2018 WPNSA	29er European Championships, Helsinki, Finland. 6-12 August 2018	6	4	2	3 x 4 day & 4 x 2 day camps

## Appendix A - 2018/19 RYA BYS supported events & anticipated RYA UK Youth Squad sizes & selection process

Discipline	Phase	Event/Squad	Primary Indicator	Secondary Indicator	Indicative squad/team size	Indicative Places		Event Arrangements
						Results based	Additional	
Nacra 15 (Open)	Summer Team (April)	Nacra 15 Worlds 2018, Barcelona, Spain, 22-28 April 2018	RYA Youth National Championships, LSC. 30 Mar - 6 April 2018	RYA NR, WPNSA, 10-11 March 2018	6	2	4	£300 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
		Nacra 15 European Championships, Arco Lake Garda, Italy. 15-22 Aug 2018						£300 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
		TBC						£tbc (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
	Squad (Sept)	UK Youth Squad	Nacra 15 European Championships, Arco Lake Garda, Italy. 15-22 Aug 2018	Catamaran Open Nacra 15, Sept 2018 Venue TBC	6	2	4	3 x 4 day & 3 x 2 day camps

\* Laser 4.7 & Radial results considered by discretion    \*\* Laser 4.7 summer Internationals by discretion

\*\*\* Radial & Standards result by discretion    \*\*\*\* Techno results may be considered

### Notes

- Nacra 15 support may change dependant on the evolution of International events becoming established. This policy will be amended as this evolves.
- In double handed classes, whilst there is no specific open team criteria, **mixed teams will be considered for selection** against the performance of the all boy or all girl boats at the discretion of the Selectors
- The first element of the British Sailing team is the Podium Potential Pathway (P3)
- The consideration for selection to the British Sailing Team is based on three criteria:

Sailing Performance  
Profiling  
Values & Behaviours

- Sailors must achieve the correct standards in all three elements to be considered for section.

The qualification matrix is published in the Olympic Classes handbook, available online and request

## Appendix B – 2018 RYA BYS Transition (T1) supported events (U17)

**U17 sailors only. Normally (but not exclusively) in their first full season of youth class campaigning. Summer team only.**

Discipline	Phase	Event/Squad	Primary Indicator	Secondary Indicator	Indicative squad/team size	Indicative Places		Event Arrangements
						Results based	Additional	
Laser Radial (Boy)	Summer Team (April)	Europa Cup, Warnemunde, Germany, 7-10 July 2018	RYA Youth National Championships, LSC. 8-14 April 2018	UKLA Qualifier, WPNSA, 17-18 March 2018	6	2	4	£170 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
Laser Radial (Girl)		Europa Cup, Warnemunde, Germany, 7-10 July 2018						£170 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
RS:X (Boys)		RS:X Youth World Championships, Penmarch, France. 1-7 July 2018	RYA RS:X Youth National Championships, WPNSA, 13-15 April 2018	RYA NR, WPNSA, 10-11 March 2018	3	1	2	£115 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.
RS:X (Girls)		RS:X Youth World Championships, Penmarch, France. 1-7 July 2018						£115 (G) Coach support. Sailor makes all own arrangements. Sailor arranges and pays own entry fee.



## Appendix B – 2018 RYA BYS Transition (T1) supported events (U17)

Discipline	Phase	Event/Squad	Primary Indicator	Secondary Indicator	Indicative squad/team size	Indicative Places		Event Arrangements
						Results Based	Additional	
420 (Boy)	Summer Team (April)	420 Junior European Championships, Lisbon, Portugal. 3-11 July 2018	420 World and Junior European Class Selection Series.	RYA Youth National Championships, LSC. 30 Mar – 6 April 2018	As Class Selection Policy (not RYA team)	1	-	£300(G) Coach support. Sailor makes all own arrangements. Sailor arranges & pays own entry fee.
		420 French Nationals Douarnenez Date TBC, France. July 2018			3	2	1	£150(G) Coach support. Sailor makes all own arrangements. Sailor arranges & pays own entry fee.
420 Junior European Championships, Lisbon, Portugal. 3-11 July 2018		As Class Selection Policy (not RYA team)			1	-	£300(G) Coach support. Sailor makes all own arrangements. Sailor arranges & pays own entry fee.	
420 French Nationals Douarnenez Date TBC, France. July 2018		3			2	1	£150(G) Coach support. Sailor makes all own arrangements. Sailor arranges & pays own entry fee.	
29er (Boy)		tbc	RYA Youth National Championships, LSC. 30 Mar-6 April 2018	Class Ranking List @1 April 2018	Top 3 U17			TBC
29er (Girl)		tbc			Top 3 U17			TBC

## Appendix C – 2018/19 Physiological Benchmarks

The Physiological Benchmarks are collated from non-elite research in athletic individuals of the same age and gender. These are considered the minimum level of physical performance for a UK squad sailor to give the best possible chance of progression through the pathway by increasing robustness and maximising effective time on the water through the following:

- A) Reduce days lost on the water due to chance of injury
- b) Reduce days lost on the water due to chance of illness
- c) Reduce fatigue – Increase effectiveness of time on the water
- d) Improve recovery - Accelerate learning
- e) Reduce decline in cognitive function over time
- f) Enable a more productive learning environment to maximise skill development
- g) Display positive behaviours in physical development to enable smoother transition to the greater demands of the Olympic classes or into new classes that have different physical demands

These benchmarks have been converted into percentiles and adjusted for biological age (100% represents best score recorded in British Youth Sailing Team for male/female, with 0% being the worst).

To be eligible for selection on to RYA UK Youth squads, sailors must **achieve or better the average benchmark percentile of all tests combined**. NB. In double-handed boats, both sailors must achieve average benchmark percentiles of all tests combined.

Within 5% of achieving average benchmark = a sailor may request a re-test  
>30% above average benchmark = Youth Squad & Youth Squad A status

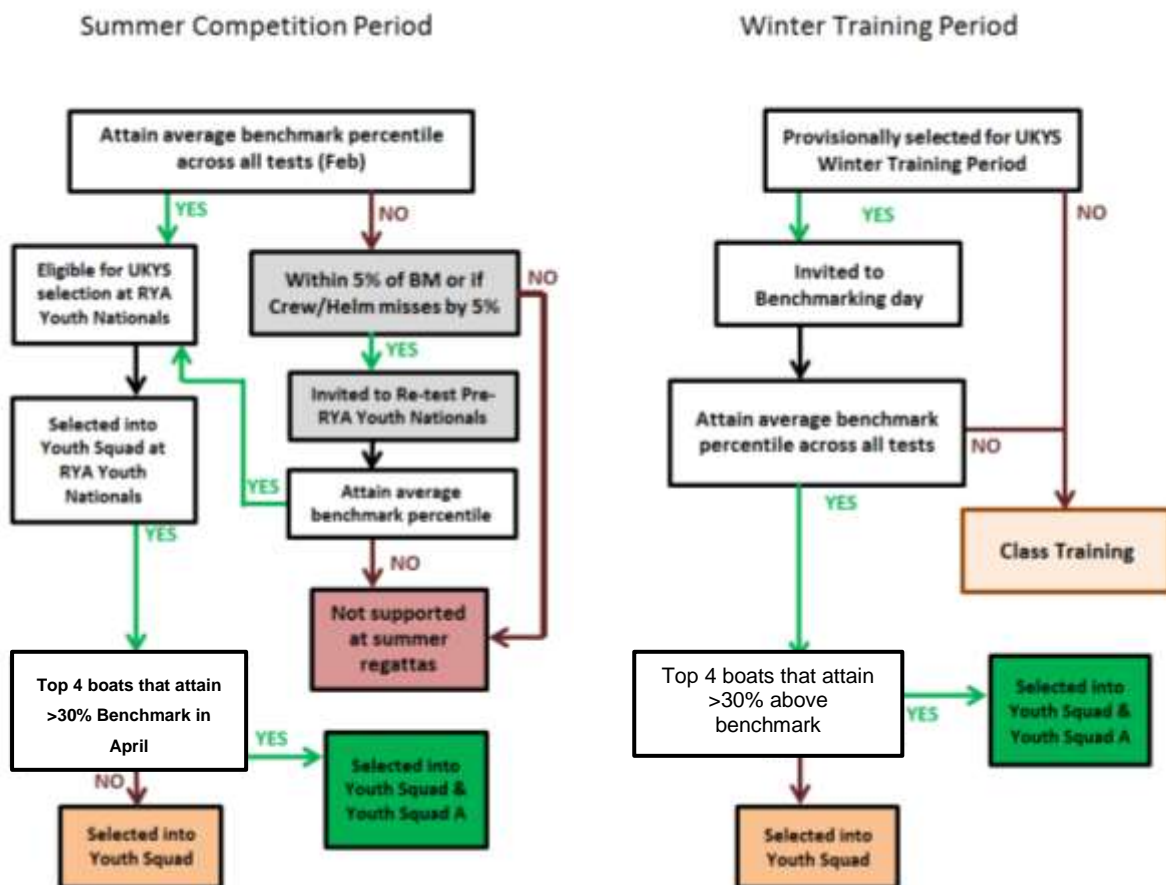
**These benchmarks must be achieved and maintained with sailors showing progression in order for sailors to remain eligible for selection.**

**We would expect sailors to be profiled at least three times per year.**

Benchmark figures are available on request.

The RYA reserves the right, to review the benchmark figures, from time to time, based upon the recommendations of the British Sailing Team sports science team. Any changes would not be applied retrospectively to disadvantage any sailors who already profiled.

Figure 1. Indicative Flow chart of selection 2018/19



**Passionately Ambitious**

***'Be the best you can be'***

Youth - Emotionally involved

BST P3 - Hunger and desire to do more

**Curiosity**

***'Desire to continually learn and improve'***

Youth - Perseverance and continually strive for improvement

BST P3 - Learn from mistakes and is motivated and excited by learning opportunities

**Courage and Determination**

***'Never give up'***

Youth - Be able to bounce back after a setback

BST P3 - Don't be afraid of failure

**Ownership**

***'Take responsibility'***

Youth - Take responsibility for your actions

BST P3 - Non dependent

**Respect and Integrity**

***'Doing the right thing'***

Youth - Exhibit sportsmanship

BST P3 - Be gracious in defeat