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RYA VOLVO ZONE AND HOME COUNTY CHAMPIONSHIPS 2012

The RYA Volvo Zone/Home County Championships will take place at nine regional venues over the weekend 29 & 30 September.

The event is the RYA 'Regional Championship' for each zone and is aimed at all sailors in local clubs under the age of 16 who are racing in the RYA classes (Optimist, Topper, RS Feva, Windsurfer, Cadet and Mirror) It is a great first time event for club sailors, giving them the opportunity to get a feel of a championship atmosphere.



There will also be 'novice' regatta fleets in Toppers and Optimists where novice racers who perhaps have been club racing can join in and experience the racing under the supervision of a coach at a larger event. Why not get together a few youngsters from your club and come to the event as a group. This is an event for sailors to set themselves as an end of year goal after training and racing over the year this Summer. It will give the young sailors a good learning experience to help start them along the pathway to success.

Volvo get some of the Volvo Team for Life sailors to attend some of the events, where they meet the young sailors and chat about their sailing career from club level, to first regional event and how they progressed to elite level.

All events are supported by coaches and international judges giving advice and help throughout the weekend.



The Championship that you enter depends on the class you sail and where you live. Entry will open on 1st June and close on 23rd September.

South Zone Champs—WPNSA
 South West Zone Champs—Chew Valley SC
 East Zone Champs—Alton Water SC
 South East Zone Champs—Weir Wood SC
 North Zone Champs—Rutland SC
 West Zone Champs—Leigh and Lowton SC

HAPPY NEW YEAR!

We wish all of our sailors and clubs a very Happy New Year and hope you have a successful year of sailing in 2012.



The Gold Challenge in partnership with the British Olympic Association is proud to support Team GB



Login Register

THE GOLD CHALLENGE

The Gold Challenge is an independent nationwide initiative to inspire a sporting legacy from England, the British Olympic Association and UK Sport. The Gold Challenge will inspire new and existing sailors onto the water, in support of one of 100 official charities. Individuals and teams can take the challenge, testing themselves in up to 30 Olympic and Paralympic Sports by the end of 2012.

For more information visit www.goldchallenge.org



RYA training centres and clubs can sign up as Gold Challenge official locations, providing participants with three hour taster sessions. This is an excellent opportunity to connect with new clients and members and, of course, to build participation in sailing.

EVENTS TO CONSIDER FOR 2012

RYA Volvo Youth National Championships — 31st March—6th April 2012 Pwllheli SC
 Eric Twiname Championships— 12th & 13th May Rutland
 Skandia Sail for Gold Regatta— 1st—9th June Weymouth
 Olympic Games— 28 July—12 August Weymouth
 Paralympic Games— 29th August—9th September Weymouth
 RYA Volvo Zone Championships— 29th & 30th September
 RYA Eric Twiname Racing Championships— 20th & 21st October Oxford

IOCA WINTER TRAINING DATES

North

21/1 Leigh & Lowton SC

18/2 West Kirby SC

24/3 West Lancs SC

Contact Steph Leckie. leckie.aurial@gmail.com

MOT

21/1 South Staffs SC

11/2 Northampton SC or Hollowell SC

24/3 Ogstone SC

Contact David Holman dholman879@btinternet.com 07947 200985

CLUB AND COACHING CONFERENCES

The club and coach conferences for 2012 will take place on the weekend of 1 & 2 December 2012. The conference is for all club representatives actively involved or developing race training and racing within the sailing club and coaches wishing to revalidate their Racing Coach Level 2 qualification. Specific details of venues for each area will follow.

VOLVO CHAMPION CLUB

For more info on the Volvo RYA Champion Club scheme go to www.rya.org.uk/VCC



ZONE SQUAD MEMBERS 2011/2012

NORTH & WEST OPTIMIST ZONE SQUAD

Rachael CROSS Chloe FELTON Oliver GOODHEAD Hebe HEMMING Saskia INMAN Archie LECKIE Matthew LECKIE Benjamin PESIAN Ben SETTLE Tom SMITH Daniel WELLBOURN HESP Drew WRIGHT

NORTH TOPPER ZONE SQUAD

Joe ANSTEE Oliver BLACKBURN Freddie CRANFIELD Callum ESCRITT Kieran GRAHAM Sam GRIMSHAW Tom JEFFERY Ben JENNINGS Robbie LANGFORD Georgie MCKENZIE Zak MORTON Luke RAYNER Hannah RHODES Alexander RUSSELL Hannah STOWE Rebecca TENNEY James TULLEY Simon WEATHERSPOON Harry WILLIAMS Faye WRIGHT

WEST TOPPER ZONE SQUAD

Daniel BUDDEN Peter DANIELS Nick DEVEREUX Penny DOWNES James GRUMMETT Anya HAJI-MICHAEL Alexander HUGHES Lucy MEARNS Michael PLATT Sam PLATT Adam RUSS Jack STANILAND Gareth STAPLES-JONES Stephanie WINGEATT Alex

NORTH & WEST WINDSURFERS ZONE SQUAD

Oliver ANDERSON Fiona ANDERSON Alice BUTTS Matthew CAREY Joshua CAREY Stanley CORR Oliver EASTWOOD Charlie GILBERT Paul HALLIWELL Molly HOWELL Lydia HOWLEY Jordan HOWRAM Sam KELLY Ruben LANSLEY David LETT Robin MCALLISTER Adam MEYLAN-STEVENSON Dominic MEYLAN-STEVENSON Eleanor MOIR William MOONEY Ollie MULHALL Jacob NEWTON Tyla PAGE Callum SMITH Lewis SMITH Zed SPENCER-MILNES Joseph THOMPSON

NORTH & WEST RS FEVA ZONE SQUAD

Harvey MARTIN Will WARD Immi SLINN Ruby GRIFFIN Ellie WALTON Abie RILEY Alex JOESBURY Emlyn WILLIAMS Dominic COTTERILL Matthew WALKER-MORECROFT Hannah BRISTOW Izzi BRISTOW

NORTH MIRROR ZONE SQUAD

Oliver KING James KING Chloe MACAULAY Isobel LEROUX Rachel GRAYSON George RICHARDS April WHITELEY Jamie WHITELEY Ben HILL Gabe HILL Hettie STEVENS Alice MASSAM Tom HOWARTH James BUTT

PLANNING YOUR CLUB TRAINING



Club training throughout the winter often makes a big difference to how well our sailors develop their racing skill. We know that training and racing can help. Have you thought about planning a junior training programme for next winter?

Benefits of a winter training program

- Continually develop their racing skills
- Gives all the club sailors the opportunity to get together for some fun.
- Planned well it should complement the Class and RYA Squad systems
- Keeps the group together socially
- Increases retention for the following season

Key Dates

This winters zone squad dates have now been finalised, why not consider planning your club training around these dates so that all of your club sailors can get together to sail and train on the same weekend.

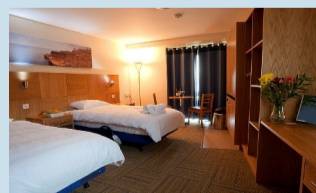
Single Handers

	Optimist	Topper	Techno
Land Day	05/06 Nov	05/06 Nov	05/06 Nov
ZS1	12/13 Nov	12/13 Nov	26/27 Nov
ZS2	3/4 Dec	26/27 Nov or 10/11 Dec	14/15 Jan
ZS3	14/15 Jan	14/15 Jan	4/5 Feb
ZS4	28/29 Jan	4/5 Feb	10/11 Mar
ZS5	25/26 Feb	3/4 or 10/11 Mar	11/12/13 April Easter Camp
ZS6	17/18 Mar	24/25 Mar	26/27 May

	Mirror	Feva	Cadet
Land Day	05/06 Nov	05/06 Nov	05/06 Nov
ZS1	19/20 Nov	19/20 Nov	19/20 Nov
ZS2	3/4 Dec	3/4 Dec	17/18 Dec
ZS3	7/8 Jan	7/8 Jan	28/29 Jan
ZS4	21/22 Jan	4/5 Feb	25/26 Feb
ZS5	10/11 Mar	25/26 Feb	17/18 Mar
ZS6	24/25 Mar	17/18 Mar	31/1 Apr

ARE YOU LOOKING FOR SOMEWHERE TO STAY IN WEYMOUTH WHY NOT TRY THE RYA'S PORTLAND HOUSE?

RYA Portland House Located at Osprey Quay on the northern shores of Portland Bill, it is ideally situated close to the Weymouth and Portland National Sailing Academy and the new Portland Marina.



The RYA's new accommodation building in Portland opened in January 2010 and has been specifically designed and fitted out for the RYA to a high standard to provide accommodation and a conference centre for the Olympic team, squads, staff, coaches, support staff and members. It has been used by a variety of groups and squads, as well as Team GBR sailors. We are keen for RYA members, clubs and those belonging to affiliated organisations to use the facility and whilst availability is limited, there are periods over the next three months when rooms are available.

If you would like to enquire about availability and booking, email portlandbookings@rya.org.uk

RYA LEVEL 2 COACHING COURSES

The list of courses and further details about courses can be found by going to www.ryaracingevents.org.uk, then scroll down the page and click on RYA COACHING COURSES.

More information can be found by visiting

<http://www.rya.org.uk/coursestraining/coachestrainersinstructors/racecoaches/Pages/Howtobecomearacingcoach.aspx>

