



### CHRIS BLACKBURN

RYA High Performance Manager North & West Zones

Tel: 07909 994637

Email: [chris.blackburn@rya.org.uk](mailto:chris.blackburn@rya.org.uk)

### SARAH KNOX-JOHNSTON

Zone Administration Tel 02380 604237

Email: [sarah.knox-johnston@rya.org.uk](mailto:sarah.knox-johnston@rya.org.uk)

### VIV NANOPOULOU

Champion Club Liaison Officer Tel: 02380 604245

Email: [viv.nanopoulou@rya.org.uk](mailto:viv.nanopoulou@rya.org.uk)



### WEST ZONE NAMED 25TH RYA ERIC TWINAME CHAMPIONSHIPS

It was the RYA West Zone who reigned triumphant at Rutland Water this weekend as they were crowned 2011 RYA Eric Twiname Champions as the Regatta came to a thrilling finish on the final day of the Championships (Sunday 8th May). With light breezes greeting the opening day of the Championships on Saturday, stronger winds ranging from 20-25 knots and spells of sunshine throughout the day (Sunday 8 May) enabled the 327 sailors to compete in exhilarating conditions allowing for the 2011 Eric Twiname Champions to be crowned.

In clinching their prestigious victory the West Zone also won the Eric Twiname Dinghy Trophy, awarded to the zone performing best from the top 2 dinghy classes out of



the 5, while the North for the second year running retained the Eric Twiname Windsurfing Trophy, awarded to the Zone scoring best from two of the four windsurfing classes. Dave Woodhead, RYA West Zone Coach, commented: "Our kids have had a fantastic weekend incorporating all the hard training they put in over the cold winter months in order to come out Championship winners and to take home the Eric Twiname Shield. It's excellent to be crowned top RYA Zone as well as winning the Eric Twiname Dinghy trophy and the win here at Rutland bodes extremely well for the future."



The Gold Challenge in partnership with the British Olympic Association is proud to support Team GB



### THE GOLD CHALLENGE

The Gold Challenge is an independent nationwide initiative to inspire a sporting legacy from England, the British Olympic Association and UK Sport. The Gold Challenge will inspire new and existing sailors onto the water, in support of one of 100 official charities. Individuals and teams can take the challenge, testing themselves in up to 30 Olympic and Paralympic Sports by the end of 2012.

For more information visit [www.goldchallenge.org](http://www.goldchallenge.org)

RYA training centres and clubs can sign up as Gold Challenge official locations, providing participants with three hour taster sessions. This is an excellent opportunity to connect with new clients and members and, of course, to build participation in sailing.

For more information or to sign up as a Gold Challenge training centre or club, visit: [www.rya.org.uk/sailforgold](http://www.rya.org.uk/sailforgold)



## National Junior Windsurfing Championships 2011

Rutland Water, Whitwell, 11 - 12 June 2011



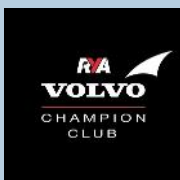
This national event is ideal for Team15 inter-club sailors and is open to all young windsurfers whether part of a club or not.

With national titles at stake the competition at the front of the fleets will be challenging, but the event will be a great experience for all who compete. With evening entertainment and on-site camping, it will be a fantastic weekend for all the family.

Supported by the UKWA, the National Junior Windsurfing Championships runs alongside the UKWA Inland Championships (Round 3) and the Rutland Marathon, a sponsored charity race in aid of Action for Children. The weekend provides an opportunity to race alongside other young windsurfers from around the country whilst inviting the whole family - and your club - to be part of something much bigger.

£25 advanced entry - register online by 6 June 2011.

[www.ryaracingevents.org.uk](http://www.ryaracingevents.org.uk)



### VOLVO CHAMPION CLUB REPORTING

I would like to take this opportunity to thank all the clubs who met the April club reporting deadline, this information is essential for the RYA to secure future funding from Sport England to support sailing and windsurfing club activity and the volunteers that make the activity happen.

I am pleased to announce that Beaver Sailing Club has won a set of training Marks in the Free Prize Draw.

All Clubs who submitted the report on time will shortly be receiving a set of Magnetic Boats which are a fantastic teaching aid for use in your club. You will also be receiving information on the new deal with Henri Lloyd for purchasing discounted kit for volunteers/coaches at Volvo RYA Champion Clubs.

For more info on the Volvo RYA Champion Club scheme go to [www.rya.org.uk/VCC](http://www.rya.org.uk/VCC)



### RYA VOLVO ZONE/HOME COUNTRY CHAMPIONSHIPS



**24/25 SEPT 2011**

To enter go to [www.ryaracingevents.org.uk](http://www.ryaracingevents.org.uk) and follow the link

### RYA VOLVO ZONE / HOME COUNTYS CHAMPIONSHIPS 2011

The RYA Volvo Zone/Home County Championships will take place at nine regional venues over the weekend 24 & 25 September. The event is the RYA 'Regional Championship' for each zone and is aimed at all sailors in local clubs under the age of 16 who are racing in the RYA pathway classes. It is a great first time event for club sailors, giving them the opportunity to get a feel of a championship atmosphere. For first time three of the zones and all Home Counties Championships will offer 'novice' regatta fleets in Toppers and Optimists. This is a event for sailors to set themselves as an end of year goal after training and racing over the year this Summer. It will give the young sailors a good learning experience to help start them along the pathway to success. Volvo get some of the Volvo Team for Life sailors to attend some of the events, where they meet the young sailors and chat about their sailing career from club level, to first regional event and how they progressed to elite level. All events are supported by coaches and international judges giving advice and help throughout the weekend.

#### [The RYA Volvo North Zone Championships](#)

#### Derwent Reservoir Sailing Club

North Optimists  
North Toppers  
North / West / East Mirrors



#### [The RYA Volvo West Zone Championships](#)

#### Blithfield Sailing Club

West Optimists;  
West Toppers  
North / West / Fevas  
North / West Windsurfers: 4.5, 5.8 (open), Bic  
Techno 6.8, Bic Techno 7.8



#### Zone Events

South, Weymouth & Portland Sailing Academy, **South West**, Restronguet Sailing Club, **South East**, Bewl Valley Sailing Club, **East**, Grafham Water sailing Club, **West**, Blithfield Sailing Club, **North**, Derwent Reservoir Sailing Club, N Ireland, Scotland, Wales

### PLANNING YOUR CLUB TRAINING



Club training throughout the winter often makes a big difference to how well our sailors develop their racing skill. We know that training and racing can help. Have you thought about planning a junior training programme for next winter?

#### Benefits of a winter training program

- Continually develop their racing skills
- Gives all the club sailors the opportunity to get together for some fun.
- Planned well it should complement the Class and RYA Squad systems
- Keeps the group together socially
- Increases retention for the following season

#### Key Dates

This winters zone squad dates have now been finalised, why not consider planning your club training around these dates so that all of your club sailors can get together to sail and train on the same weekend.

#### Single Handers

	Optimist	West Topper	North Topper	Techno
<b>Land Day</b>	05/06 Nov	05/06 Nov	05/06 Nov	05/06 Nov
<b>ZS1</b>	12/13 Nov	12/13 Nov	12/13 Nov	26/27 Nov
<b>ZS2</b>	3/4 Dec	10/11 Dec TBC	26/27 Nov	14/15 Jan
<b>ZS3</b>	14/15 Jan	14/15 Jan	14/15 Jan	4/5 Feb
<b>ZS4</b>	28/29 Jan	4/5 Feb	4/5 Feb	10/11 Mar
<b>ZS5</b>	25/26 Feb	10/11 Mar	3/4 Mar TBC	Easter Camp
<b>ZS6</b>	17/18 Mar	24/25 Mar	24/25 Mar	26/27 May

#### Double Handers

	Mirror	Feva	Cadet
<b>Land Day</b>	05/06 Nov	05/06 Nov	05/06 Nov
<b>ZS1</b>	19/20 Nov	19/20 Nov	19/20 Nov
<b>ZS2</b>	3/4 Dec	10/11 Dec	17/18 Dec
<b>ZS3</b>	7/8 Jan	7/8 Jan	28/29 Jan
<b>ZS4</b>	21/22 Jan	4/5 Feb	25/26 Feb
<b>ZS5</b>	10/11 Mar	25/26 Feb	17/18 Mar
<b>ZS6</b>	24/25 Mar	17/18 Mar	31/1 Apr

### ARE YOU LOOKING FOR SOMEWHERE TO STAY IN WEYMOUTH WHY NOT TRY THE RYA'S PORTLAND HOUSE?

RYA Portland House Located at Osprey Quay on the northern shores of Portland Bill, it is ideally situated close to the Weymouth and Portland National Sailing Academy and the new Portland Marina.



The RYA's new accommodation building in Portland opened in January 2010 and has been specifically designed and fitted out for the RYA to a high standard to provide accommodation and a conference centre for the Olympic team, squads, staff, coaches, support staff and members. It has been used by a variety of groups and squads, as well as Team GBR sailors. We are keen for RYA members, clubs and those belonging to affiliated organisations to use the facility and whilst availability is limited, there are periods over the next three months when rooms are available.

If you would like to enquire about availability and booking, email [portlandbookings@rya.org.uk](mailto:portlandbookings@rya.org.uk)



#### Save up to £2000 extra off the price of a new Volvo

Volvo already offer RYA Members a fantastic discount of up to 17.5% off the price of a new car, but now you can take advantage of up to £2000 extra off a stock S40 or V50\* registered by 31st May 2011. This offer applies to all S40 and V50 1.6D, D2, D3 and D4 model variants. Speak to your local dealer for availability.

This offer is available to RYA members in support of Volvo's sponsorship of the RYA Volvo Dinghy Show, Volvo RYA Champion Club Programme, RYA Volvo Youth Programme, and as bronze sponsors of Skandia Team GBR.

For more details on this offer and other offers from Volvo Cars UK please [visit our website](#).

\*Off the basic price before VAT, specific cars only, while stocks last. Please call your local dealer who can confirm availability. From £550 ES spec to £2000 SE LUX spec.



### RYA LEVEL 2 COACHING COURSES

The list of courses and further details about courses can be found by going to [www.ryaracingevents.org.uk](http://www.ryaracingevents.org.uk), then scroll down the page and click on RYA COACHING COURSES.

More information can be found by visiting

<http://www.rya.org.uk/coursestraining/coachestrainersinstructors/racecoaches/Pages/Howtobecomearacingcoach.aspx>

