

## THE RYA YOUTH & JUNIOR DEPARTMENT



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Responsible for the strategic management of junior and youth racing in the UK



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Your first port of call for single handed sailing including windsurfing and transition training



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Your first port of call for double handed sailing including transition training



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### AMY PACKARD

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Responsible for junior and youth international logistics and finance budgets and policies

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## 2009 VOLVO YOUTH SAILING ISAF WORLD CHAMPIONSHIPS REPORT



RYA Volvo Team GBR sailors landed a World title and a silver medal on the final day of the 2009 Volvo Youth Sailing ISAF World Championships in Brazil

Gold went to Phil Sparks and Ben Gratton in the boys' 420, the 16-year-old pair holding their nerve to seal an awesome victory on their ISAF Youth World debut. The first British boys ever to win a 420 ISAF Youth Worlds title.

Silver went to Izzy Hamilton in the RS:X girls' windsurfing class, the Bude schoolgirl. Only the 3rd British girl to land an ISAF Youth Worlds windsurfing medal

Adam Butler and Nikki Boniface claimed 5th in the Hobie 16 catamaran; Rebecca Kalderon and Rosie Sibthorp took 7th in the girls' 420 and Ali Masters 9th in the boys RS:X

Together with Hannah Tilley and Oscar McVeigh sailing in the Laser radial class the GBR team sealed second spot behind France in the Volvo Trophy for the best performing nation.

Every single sailor in the British team came through the RYA Pathway system from Zone Squad, through the National Junior Squad and into the RYA Volvo Youth Squad

## NEW RYA PATHWAY MANAGERS

The final shake up of the RYA Junior and Youth department has been completed with the introduction of the new Pathway Managers. **Kirsty and Roy are now key contacts** if you are interested in progressing through the RYA Junior and Youth Racing pathway.

Kirsty is looking after the Single Handed classes including windsurfing and Roy is responsible for the Double Handed Classes. They will both be working with the relevant Class Associations and you are likely to see Roy and Kirsty at events or coaching weekends as they will continue to coach in these exciting new roles.

Don't be afraid to give them a call if you are looking for advice, or any member of the Junior and Youth Racing Team.

## NEW RYA VOLVO TRANSITION TRAINING UPDATE

Are you under 16 and looking to move on from your Junior Class into a Youth Class? If so, the new RYA Volvo Transition Training is for you! This year we have made some key changes to help more young sailors learn the basics of sailing their new Youth Class from the experts, including the introduction of RYA Volvo Open Transition Training before the RYA Volvo Transition Training Squad is selected.

RYA Volvo Transition Training will take place in the RS:X, Laser Radial, 420 and 29er classes. If you are interested and would like to find or to apply please visit the RYA website:

[www.rya.org.uk/racing/youthjunior](http://www.rya.org.uk/racing/youthjunior)

## RYA Volvo Transition Training 2009/10

SEPTEMBER  
2009

### RYA VOLVO OPEN TRANSITION TRAINING (PHASE 1)

• 3 Weekends

DECEMBER  
2009

### SELECTIONS

### RYA Volvo Transition Training Squad (Phase 2)

• 1 residential non-sailing training camp  
• 4-6 Weekends  
• 1 International Event

SEPTEMBER  
2010

### Class Open Training

High quality RYA supported training, delivered concurrently to the RYA Volvo Transition Training

## VOLVO CAR UK CONTINUE THEIR SUPPORT FOR YOUTH AND JUNIOR RACING IN THE UK

Volvo are now title sponsors of the RYA Volvo Youth Squad and the RYA Volvo Transition Squad. In addition to supporting these squads they continue their event sponsorship by supporting the RYA Volvo Youth Championships and Trials and all nine of the RYA Volvo Zone and Home Country Championships.

In addition Volvo continue their sponsorship of the Volvo RYA Champion Club initiative



## THE RYA YOUTH & JUNIOR DEPARTMENT



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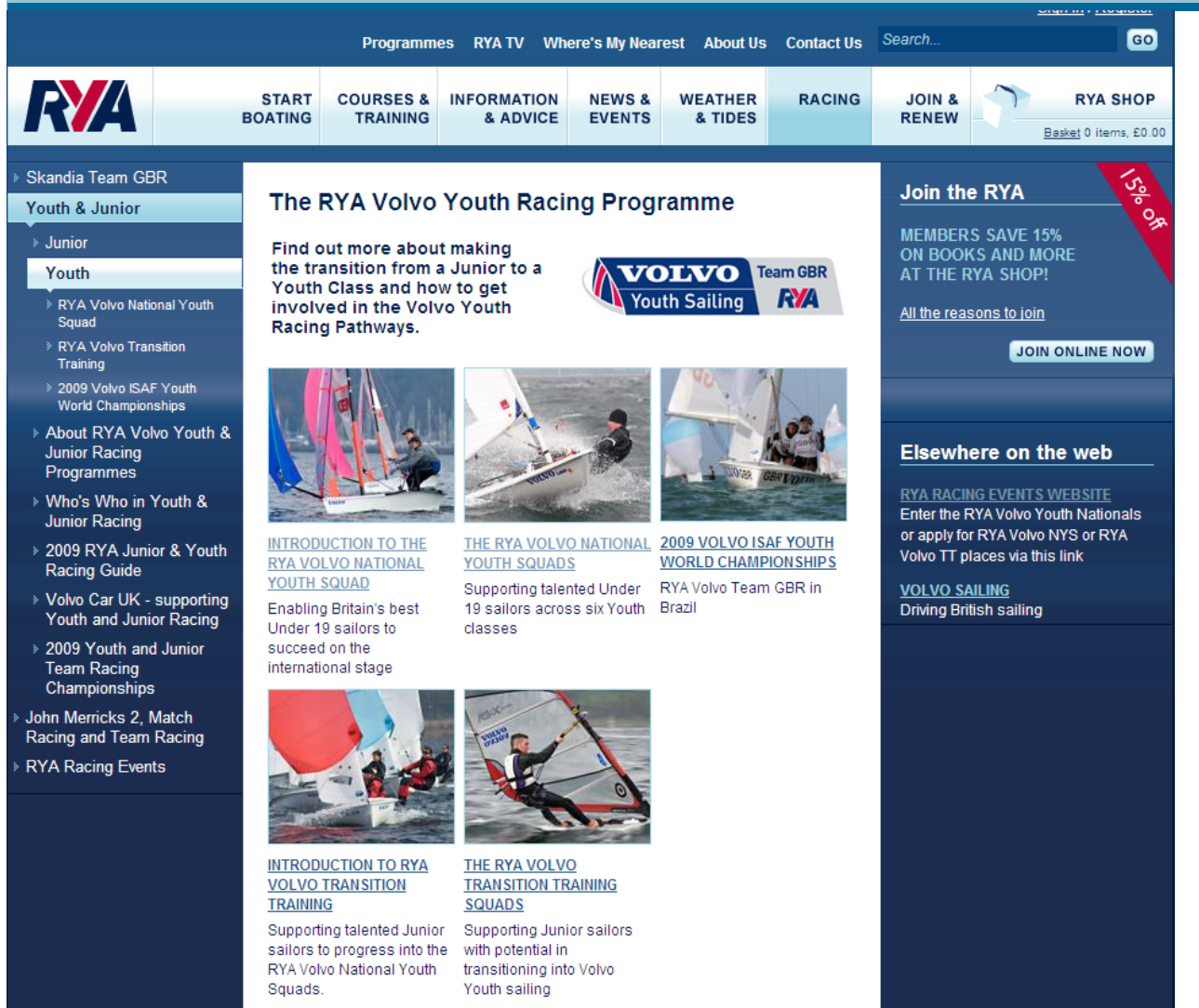


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Your first port of call for junior racing and competition windsurfing. PA to Duncan Truswell



## NEW RYA WEBSITE



The screenshot shows the RYA website interface. At the top, there are navigation links: Programmes, RYA TV, Where's My Nearest, About Us, Contact Us, and a search bar. Below this is a main menu with categories: START BOATING, COURSES & TRAINING, INFORMATION & ADVICE, NEWS & EVENTS, WEATHER & TIDES, RACING, JOIN & RENEW, and RYA SHOP. A sidebar on the left lists 'Skandia Team GBR' and 'Youth & Junior' with sub-links for Junior, Youth, and various racing events. The main content area features 'The RYA Volvo Youth Racing Programme' with a sub-header 'Find out more about making the transition from a Junior to a Youth Class and how to get involved in the Volvo Youth Racing Pathways.' Below this are several article teasers with images of sailors, including 'INTRODUCTION TO THE RYA VOLVO NATIONAL YOUTH SQUAD', 'THE RYA VOLVO NATIONAL YOUTH SQUADS', '2009 VOLVO ISAF YOUTH WORLD CHAMPIONSHIPS', 'INTRODUCTION TO RYA VOLVO TRANSITION TRAINING', and 'THE RYA VOLVO TRANSITION TRAINING SQUADS'. On the right, there is a 'Join the RYA' section with a 15% off banner and a 'JOIN ONLINE NOW' button, and an 'Elsewhere on the web' section with links to 'RYA RACING EVENTS WEBSITE' and 'VOLVO SAILING'.

## USEFUL SHORTCUTS TO PUT AS YOUR FAVOURITES

Hopefully it will now be easier to find the pages you are interested in. You can customise the front page or put shortcuts to the youth and junior pages

The main front page for racing

[www.rya.org.uk/racing](http://www.rya.org.uk/racing)

The main front page for youth and junior

[www.rya.org.uk/racing/youthjunior](http://www.rya.org.uk/racing/youthjunior)

The RYA Volvo National Youth Squad pages

[www.rya.org.uk/racing/youthjunior/youth/nationalyouthsq](http://www.rya.org.uk/racing/youthjunior/youth/nationalyouthsq)

The RYA National Junior squad pages:

[www.rya.org.uk/racing/youthjunior/junior/nationaljuniorsquad](http://www.rya.org.uk/racing/youthjunior/junior/nationaljuniorsquad)

The RYA Zone Squad pages:

[www.rya.org.uk/racing/youthjunior/junior/zones](http://www.rya.org.uk/racing/youthjunior/junior/zones)

The RYA Volvo Champion Club pages

[www.rya.org.uk/vcc](http://www.rya.org.uk/vcc)

To apply for any squad or to enter any RYA run event

[www.ryaracingevents.org.uk](http://www.ryaracingevents.org.uk)

## LEVEL 2 COACHING COURSES

### SHARE YOUR LOVE OF SAILING, BECOME A COACH

Experienced racers who are 16+ can become Level 2 Racing Coaches.

The main criteria for attending a level 2 course are good communication skills and a high level of racing ability (ie RYA squad member or top 20% of a competitive National Fleet within the last 3 years)

Successful candidates will be awarded RYA Racing Coach Level 2. Once qualified you can coach at club level and after you have had some experience you may be invited to coach at squad level. Some people enjoy coaching so much they go on to make a career of it.

For a list of available courses go to [www.ryaracingevents.org.uk](http://www.ryaracingevents.org.uk) and follow the link on the left hand side to coaching courses

It only costs £40 to go on this course (but you also need to have your first aid and powerboat level 2 qualification to be awarded your certificate)

To apply for a course go to [www.ryaracingevents.org.uk](http://www.ryaracingevents.org.uk) and follow the link to coaching courses

## THE VOLVO ECO CHALLENGE

The Volvo Eco Challenge is a great opportunity for young sailors to get actively involved with an environmental project for their club. The Eco Challenge provides grants of up to £1000 to sailing clubs who undertake an environmental initiative, carried out by young people aged between 10 – 16 at their club

£15,700 was awarded in 2008. Volvo has announced further Eco Challenge grants of £20,000 being available for 2009.

See [www.volvocars.com/uk/sailing/Sponsorship-Programme/EcoChallenge](http://www.volvocars.com/uk/sailing/Sponsorship-Programme/EcoChallenge) for more details



## SKANDIA SAIL FOR GOLD REGATTA 2009



**skandia:**  
SAIL FOR GOLD REGATTA

2009 Regatta

Olympic & Paralympic Classes Regatta  
Weymouth & Portland National Sailing Academy  
14<sup>th</sup> - 19<sup>th</sup> September 2009 (Spectator Day 19<sup>th</sup>)  
An ISAF Sailing World Cup Event

To be a part of it go to [www.skandiasailforgoldregatta.co.uk](http://www.skandiasailforgoldregatta.co.uk)



- One of the biggest dinghy sailing events ever held in Great Britain
- Racing for all olympic classes including the Paralympics
  - 49er
  - 470 men and women
  - RSX men and women
  - Star
  - Finn
  - Laser and Laser Radial
  - 2.4m
  - Skud
  - Sonar

### MEDAL RACE DAY—19TH SEPTEMBER

- A spectacular occasion and one not to miss
- TV coverage of the racing on huge screens
- Live commentary from the China Olympic commentators—Shirley Robertson, Richard Simmonds, Rob Walker
- A tented village with stalls from companies such as Musto, Harken, Marlow, Bolle, Concept 2, Weymouth Aquarium and lots more
- Lots of stars from the China Olympics including Ben Ainslie, Sarah and Nick Dewspey, Paul Goodison, Iain Percy, Bryony Shaw, Nick Rogers and also Olympic medallists from the rest of the world

Help us make this the most successful event ever. Spectators for the Medal Races are asked to register their interest by going to [www.ryaracingevents.org.uk](http://www.ryaracingevents.org.uk) and following the link to Skandia Sail for Gold Regatta—already over 200 people have expressed their interest

## JUNIOR UPDATE

### APPLYING FOR RYA SQUADS

Selection policies are available for the Youth and Junior Classes on the RYA website and can be downloaded by going to [www.rya.org.uk/racing/youthjunior](http://www.rya.org.uk/racing/youthjunior)  
If you want to be considered for the RYA Volvo National Youth Squad or the RYA National Junior Squad or the RYA Zone Squads you need to apply online.  
Go to [www.ryaracingevents.org.uk](http://www.ryaracingevents.org.uk) and follow the link on the left hand side

### RYA VOLVO ZONE CHAMPIONSHIPS 26/27 SEPTEMBER 2009

It is time to enter the Zone Championships—go to [www.ryaracingevents.org.uk](http://www.ryaracingevents.org.uk)  
Poole, Draycote, Grafham, Largs, Weymouth, Burton, Datchet, Pwllheli, East Antrim

## TEAM RACING AND MATCH RACING UPDATE

All boats are supplied

### 2009 RYA NATIONAL MATCH RACING CHAMPS

Now is the time to try match racing.  
You need to find 4 or 5 pals and enter a team (there is a weight limit of 350 kilos for the team and it is best to be as close as possible to this weight).  
RYA Youth National Match Racing Championship 29 - 31 August Queen Mary SC  
RYA Women's National Match Racing Championship 4 - 6 September Queen Mary SC  
Qualifier 4 26/27 September Queen Mary SC  
RYA National Match Racing Championship Finals 09–11 October Queen Mary SC (invitation only)  
For more information visit [www.rya.org.uk/racing](http://www.rya.org.uk/racing) and follow the links to match racing

All boats are supplied

### THE ERIC TWINAME JUNIOR & YOUTH TEAM RACING 17/18 OCTOBER OXFORD SAILING CLUB

Enter now—it is filling up!

Go to [www.ryaracingevents.org.uk](http://www.ryaracingevents.org.uk) and follow the link on the left hand side to the Eric Twiname Youth and Junior Team Racing 2009.  
Entries will be accepted on a first come first served basis once payment is received. The entry fee is £30 per sailor  
Youth competitors will race in Fireflies (under 19 on 31 Dec 2009)  
Junior competitors will race in Fevas (under 16 on 31 Dec 2009)



## ARE YOU OFF TO UNIVERSITY SOON? LEARN HOW TO TEAM RACE BY DOING THIS COURSE?

*This course will give you an advantage when trying to get into the sailing team*

Stage 1: Autumn Training Wednesday 9th to Friday 11th September at Farmoor, Oxford.  
Aim: The course is designed to provide a fast conversion for those whose background is primarily fleet racing and those with strong team racing backgrounds who seek to develop their skills.  
The course lasts three days and is held before the start of University terms at Oxford. Coaching will be led by Team GBR Team Racers.

Those hoping to attend University Trials in the autumn have found Autumn Training an essential ingredient in their success.

The deadline to apply for a place on the course is **Wednesday 26 August**. Go to [www.rya.org.uk/racing](http://www.rya.org.uk/racing) and follow the links to team racing

## ARE YOU BEGINNING TO THINK ABOUT APPLYING FOR UNIVERSITY?

If you want to sail whilst at university you will probably get involved with BUSA team racing.

Some universities have better sailing teams than others, some have virtually no sailing.

Universities that had teams in the 2009 BUSA Team Racing final

- Oxford
- Southampton
- Exeter
- Cambridge
- London
- Edinburgh
- Durham
- Bristol
- Warwick
- Bath
- Durham
- Newcastle
- Nottingham
- Cardiff
- St Andrews

**DISCOUNTS ON VOLVOS** The Volvo offer for RYA Members has been renewed for 2009, and includes increased discounts on nearly all models (and the ever present free metallic paint), along with a special NEW offer of 15% on Volvo accessories.

For full details etc see <http://www.rya.org.uk/Membership/benefits/Pages/volvocars.aspx>

If any RYA members wish to register for the offer the number is 0800 400430

To learn more about Volvo Sailing and the RYA members privilege price plan: [www.volvocars.co.uk/sailing](http://www.volvocars.co.uk/sailing)

