

Learn it, do it, win it!

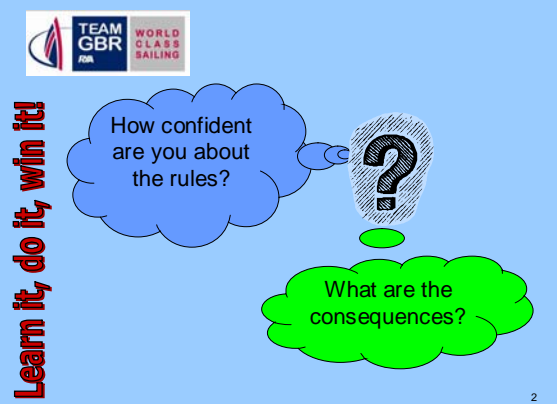


TEAM GBR **WORLD CLASS SAILING**

Rules & Tactics

John Doerr
International Judge & Umpire
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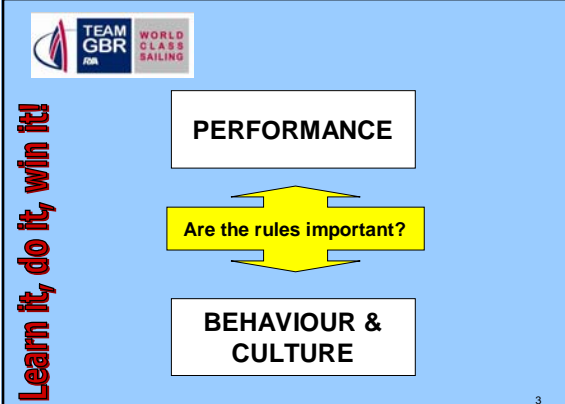
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How confident are you about the rules?

What are the consequences?

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PERFORMANCE

Are the rules important?

BEHAVIOUR & CULTURE

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How can we master the rules?

- Learn and understand 'Rules'
- Quizzes
- Flow diagrams
- Off water exercises – e.g. Boat shuffling
- Practice protests
- On water exercises
- Racing!
- Have expert support
- **Use an analytical tool**

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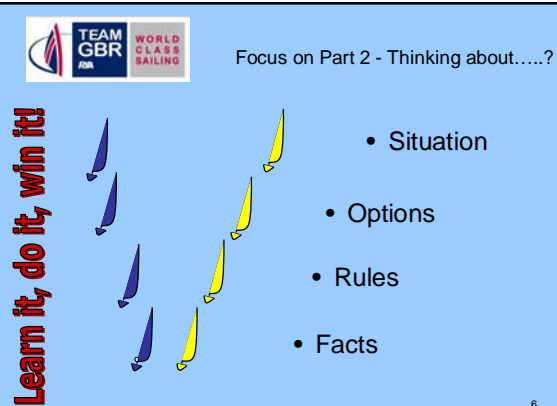
The Rules in Context

Knowing the rules alone will not win races
May avoid losing some!

The rules need to be used together with tactics and execution skills

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Focus on Part 2 - Thinking about.....?

- Situation
- Options
- Rules
- Facts

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Focus on Part 2

What do the rules (when boats meet) actually require a boat to do?

- Keep Clear
- Give room
- Sail Proper Course
 - not above or not below
- Not interfere/ avoid

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Which rules require a boat to keep clear?

- 10 – Port/Starboard
- 11- Windward/Leeward
- 12 – Astern/Ahead
- 13 – Tacking
- 18.2(a) – Outside give way
- 18.2(c) – Astern at two length zone
- 18.5 – Overlap at continuing obstruction
- 20 – Returning to start, Backward, Penalties

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Focus on Part 2

Which rules require a boat to give room?

- 15 – Acquiring right of way
- 16 – Right of way changing course
- 18 – Outside boat passing mark or obstruction
- 19 – Responding to call for ‘Room to Tack’

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Focus on Part 2

Which rules restrict the course a boat sails?

- 17.1 – Not above a proper course
- 17.2 – Not below a proper course
- 18.4 – Inside boat gybing at a mark

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Focus on Part 2

Which rules require avoidance/non interference

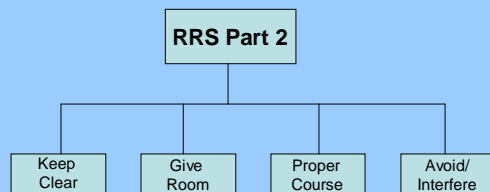
- 14 – contact
- 21 – capsized boat
- 22 – boat racing when you are not
- 22 – boats taking penalties

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Focus on Part 2 Structure



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Analysing a Situation

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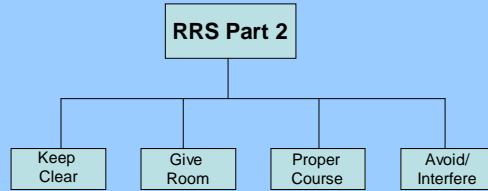
- Create diagram of incident
 - Position of boats before the incident started
 - Just before
 - During
 - After
- Identify which boats have to Keep Clear and Give Room
- Is proper course appropriate for the incident and what is it?
- What are the key facts?
- Has a rule been broken?
 - has the boat required to keep clear, caused the ROW to alter course or collide?
 - has a boat required to give room allowed the other boat to act promptly in a seamanlike manner?
 - has a boat sailed above or below a proper course while restricted?
 - has a boat caused avoidable contact or interfered with another boat when not permitted to do so?

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Focus on Part 2 Structure

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