

Syllabus Checklist

RYA Youth Sailing Scheme

Name

Stage 1

Practical	Rigging, Launching & Recovery	<ul style="list-style-type: none"> • Can assist with rigging a dinghy • Can launch a dinghy and get under way with instruction • Can secure boat to trolley • Can assist with recovery and stowage of dinghy and gear
	Ropework	<ul style="list-style-type: none"> • figure of eight • cleat a halyard
	Sailing Techniques & Manoeuvres	<ul style="list-style-type: none"> • Can be a responsive crew under instruction* • Can steer when sailing and being towed • Can steer on a reach and go about (reach to reach) • Understands the effect of basic boat controls • Understands the basic principles of stopping, controlling speed and getting out of irons • Can paddle or row round a short triangle • Can call for assistance
	Clothing & Equipment	<ul style="list-style-type: none"> • Can put on personal buoyancy correctly • Is confident in the water wearing personal buoyancy • Understands personal safety - and knows what to wear
	Capsize	<ul style="list-style-type: none"> • Understands the importance of staying with the boat
Background	General	<ul style="list-style-type: none"> • Can name basic parts of a boat • Understands what action to take to help those in distress • Understands local hazards • Knows how to prepare for a tow
	Meteorology	<ul style="list-style-type: none"> • Has knowledge of wind direction
	Rules of the Road	

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Stage 2

Practical	Rigging, Launching & Recovery	<ul style="list-style-type: none"> • Can put a boat head to wind for rigging • Can rig a dinghy • Understands how to manoeuvre a trolley clear of other boats and overhead cables • Can launch and recover a small dinghy in an offshore wind
	Ropework	<ul style="list-style-type: none"> • round turn and two half hitches • reef knot
	Sailing Techniques & Manoeuvres	<ul style="list-style-type: none"> • Can control speed, and stop by lying-to • Can get out of irons • Can go about (close reach to close reach) • Can crew a boat effectively • Can sail a shallow triangle across the wind under supervision (gybing optional) <p>Understands the principles of:</p> <ul style="list-style-type: none"> • The five essentials • Returning to a beach or pontoon (offshore wind)
	Clothing & Equipment	<ul style="list-style-type: none"> • Can choose and correctly adjust a personal buoyancy aid • Understands what to wear
	Capsize	<ul style="list-style-type: none"> • Can be scooped in during capsize recovery <p>or</p> <ul style="list-style-type: none"> • Can right a single-handed dinghy
Background	General	<ul style="list-style-type: none"> • Understands the No Go Zone • Knows what is meant by windward, leeward, gybe <p>Has knowledge of:</p> <ul style="list-style-type: none"> • Spars and rigging • Parts of the sail • Sail controls and foils • Offshore and onshore winds • Telling someone ashore • The dangers of man made hazards
	Meteorology	<ul style="list-style-type: none"> • Understands several ways of finding wind direction
	Rules of the Road	<ul style="list-style-type: none"> • Port and Starboard rule

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Stage 3

Practical	Rigging, Launching & Recovery	<ul style="list-style-type: none"> • Can rig, launch and recover in an onshore wind • Can reef a dinghy ashore according to weather conditions • Can store a dinghy ashore
	Ropework	<ul style="list-style-type: none"> • bowline, clove hitch and rolling hitch
	Sailing Techniques & Manoeuvres	<p>Can demonstrate the basic principles of the following:</p> <ul style="list-style-type: none"> • the five essentials • Sailing on a triangular course • Tacking upwind • Gybing from a training run • Coming alongside a moored boat • Prepare for and take up tow from powered craft • Picking up a mooring • Understands race starting procedure and course
	Clothing & Equipment	<p>Knows the importance of:</p> <ul style="list-style-type: none"> • Personal safety equipment • Boat buoyancy • Basic safety equipment e.g. anchor, paddle, bailer
	Capsize	<ul style="list-style-type: none"> • Right a dinghy as helm/crew
Background	General	<ul style="list-style-type: none"> • Understands how to recover a man overboard • Understands the points of sailing • Understands how a sail works • Knows basic terminology • Understands the importance of clear communication • Understands lee shore dangers and sailing in close company • Understands advice to inland sailors for coastal sailing • Knows the importance of personal safety / telling someone ashore • Understands hypothermia first aid training
	Meteorology	<ul style="list-style-type: none"> • How to obtain a weather forecast • Understands Beaufort Wind Scale • Knows when to reef
	Rules of the Road	<ul style="list-style-type: none"> • Knows Port/Starboard, windward boat, overtaking boat

Summary only – not to be used in place of G11 Logbook

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Stage 4

Practical	Rigging, Launching & Recovery	<ul style="list-style-type: none"> • Can rig, launch and recover in any wind direction • Can set up a dinghy according to weather conditions using sail and rig controls e.g. mast rake, reefing
	Ropework	<ul style="list-style-type: none"> • Round turn and two half hitches, reef knot, bowline, clove hitch, rolling hitch, sheet bend
	Sailing Techniques & Manoeuvres	<ul style="list-style-type: none"> • Stage 3 sailing manoeuvres in crewed boat • Communicate effectively as helm or crew • Effective 5 essentials including tell-tales as helm or crew • Recover a man overboard • Return to a beach jetty or mooring safely in any wind direction <p>Coastal (optional)</p> <ul style="list-style-type: none"> • Practical sailing on tidal waters
	Clothing & Equipment	
	Capsize	<ul style="list-style-type: none"> • Knows how to recover from total inversion
Background	General	<p>Has knowledge of:</p> <ul style="list-style-type: none"> • Synoptic charts • Tidal ebb and flow • Spring and neap tides <p>Coastal (optional)</p> <p>Has basic knowledge of:</p> <ul style="list-style-type: none"> • How to use tide tables • How to find the direction of tidal streams
	Meteorology	<p>Has knowledge of:</p> <ul style="list-style-type: none"> • Beaufort Scale
	Rules of the Road	<ul style="list-style-type: none"> • Has knowledge of IRPCS <p>Coastal (optional)</p> <ul style="list-style-type: none"> • Can apply the IRPCS • Has basic knowledge of IALA buoyage

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