

SETTING A COURSE FOR SAILING SAFELY WITH COVID-19



RYA Guidance on sailing & racing with participants from different households during COVID-19 in England



ONSHORE



- 1** Pre-attendance symptom check
Follow government guidance on travel & transport
- 2** Maintain record of any close contacts or use NHS App
- 3** Normal social distancing protocols to be followed

ON THE WATER

4 If unable to maintain more than 1m separation, then maintain at least 0.5m separation between crew and avoid face to face

DURING MANOEUVRES

5 Maximise social distancing, avoid face to face and no shouting!

2 PERSON WINCHES

6 Use with 1 person or wear a face covering

GOING BELOW DECK

7 When >1 person below deck, maintain social distancing, limit duration to <5 minutes & regularly clean shared surfaces or equipment

SLEEPING ONBOARD

8 For races of a duration to require sleeping onboard...



UNTIL STEP 3 only crew from 1 household permitted below deck at any one time



FROM STEP 3 maximum of 6 crew or 2 households permitted below deck at any one time

ON THE COMMITTEE BOAT

9 Limit numbers onboard Committee Boat according to size of boat to allow minimum 1m spacing at all times

AFTER RACING

- 10** At the end of the day or before use by another person, clean down shared equipment
- 11** At the end of each race and more frequently where practical, practice hand hygiene
- 12** Once back ashore normal social distancing protocols and gathering limits apply.

