

Team Racing Programme FAQs

What boats will we be training in and do we need to bring our own?

Team racing training can be done in any double handed boat (it is recommended to have 6 of the same class), the recommended boat that is used across the UK/IRL is known as the firely dinghy. For the first year of this programme, we will be working with Bahias and Firefly dinghies. The Elmo trophy will be using Firefly dinghies for the event. No sailors do not need their own boat to participate in this programme.

What is the age range for training, selection and squad?

Based on the 2023 Elmo Trophy, the NOR states "At least 2 members must be aged 16 and under on the 31st December 2023 and all team members must be aged 19 or under on the 31st December 2023 and still attending second level education in 2023". This is the age basis (applicable to 2024 year) we will be running off for the team training, selections and squad to compete in the Elmo.

What if we cannot attend selection weekend or if selected, squad camps due to clashes with a major event?

If you cannot make selection weekend due to clashes with major class events, please just contact the pathways officer to confirm this and express your application of interest for the team racing squad. If your sailor would like to be considered for team racing squad but cannot attend all the team racing camps please email the pathways officer, <u>kate.pounder@rya.org.uk</u> stating the reason for missing squad camps.

Why does selection policy state only 2 current performance sailors can have a permanent place on Team Racing Squad?

This is part of the RYANI strategy, we want to be able to encourage more opportunities for sailors within the double handed pathway who did not choose to pursue a single-handed class specifically for performance. However, we do have 4 reserve positions which is available to current performance sailors.

Why does selection policy state 3 girls and 3 boys must be selected to complete a squad?

This is part of the RYANI strategy and contributes to our Women and Girls research. Given the evidence of research, we believe it is important to continue supporting opportunities for girls within their chosen pathway, to support participation and development opportunities for junior and youth girls in sailing.

What do sailors need to bring to training?

Sailors do not need to have their own boat, equipment is provided. Please bring wet gear, towel, change of clothes, gym ki, notebook and pen, water bottle, snacks, racing watch, hat, gloves, sunscreen and any additional items requested by the head coach. Sailors should bring their own packed lunch and drinks. If any sailors under the age of 18 want to leave off site at the end of the day because their place of residence is near the sailing club, they must have written consent from their parent or guardian. This can be written as an email and sent to <u>kate.pounder@rya.org.uk</u> five days prior to the training day.

Medication/Inhaler/EpiPen (if applicable)