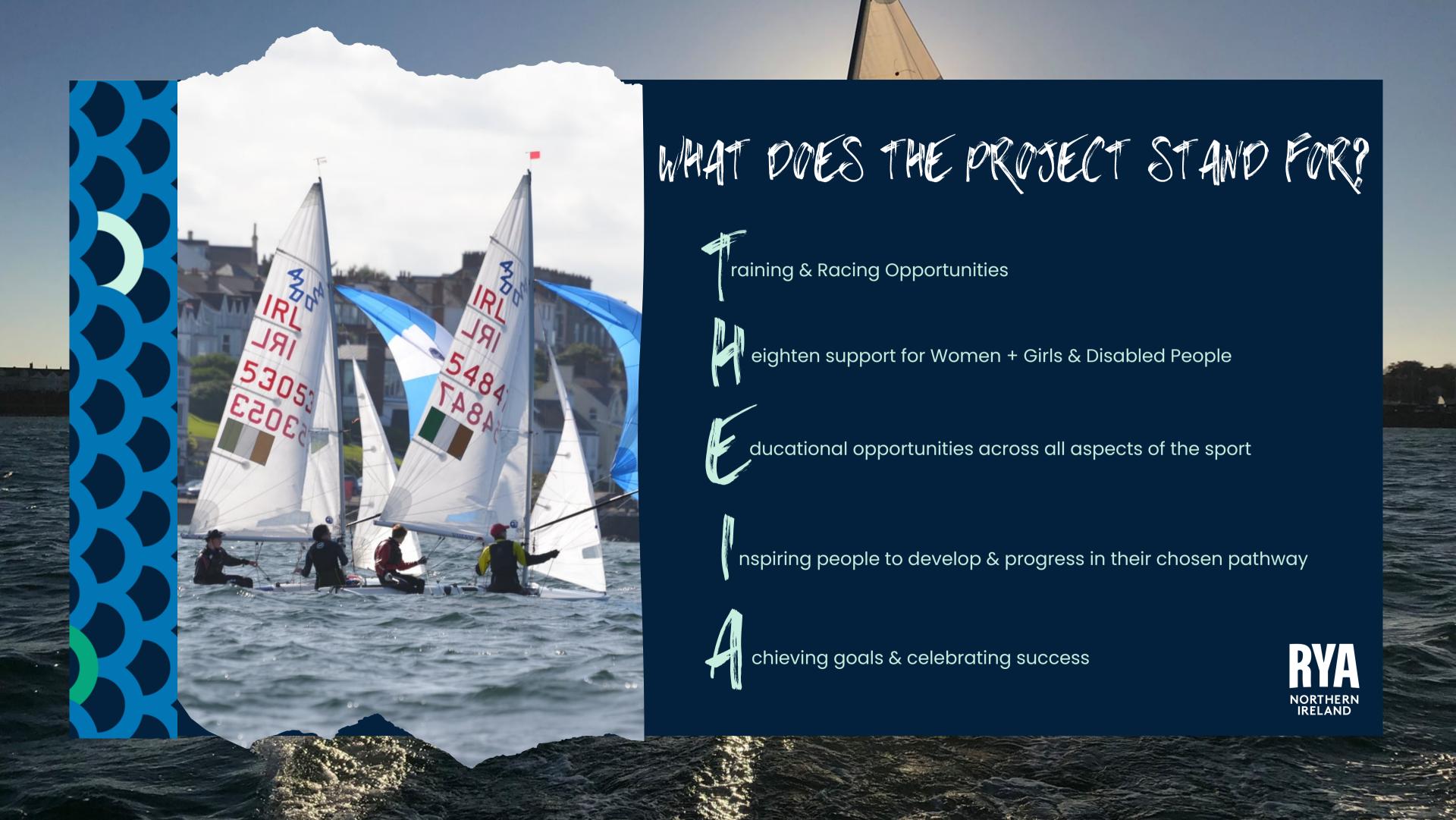


Purpose

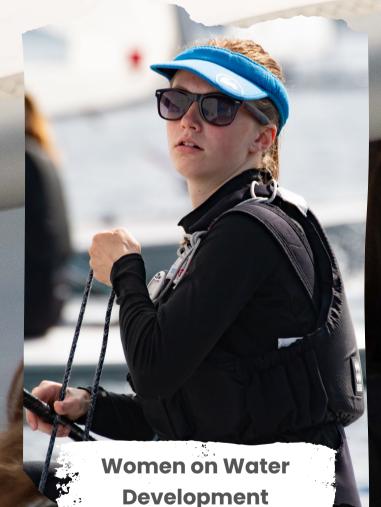
As part of the Northern Ireland RYA Strategy "Navigating the Future" our mission is to support participation across all aspects of our sport. "Project Theia" is the beginning of a Pilot Project developed by the Pathways Officer, the project aims to shine upon Pathway routes and opportunities within the world of sailing. With "Re-Imagined Pathways" embedded in our strategy, Project Theia aims to inspire and develop sailors across Northern Ireland.

The Project name "Theia" is based on the Goddess of Sight & Vision in Greek mythology. We want people who are involved in all aspects of our sport, **to see the pathways that sailing can offer them** and **embrace the opportunities that sailing provides**. Project Theia encourages additional opportunities for sailors across Northern Ireland, making pathways more accessible across our sport.









Development **Programme**



Participation & Competition



Academy





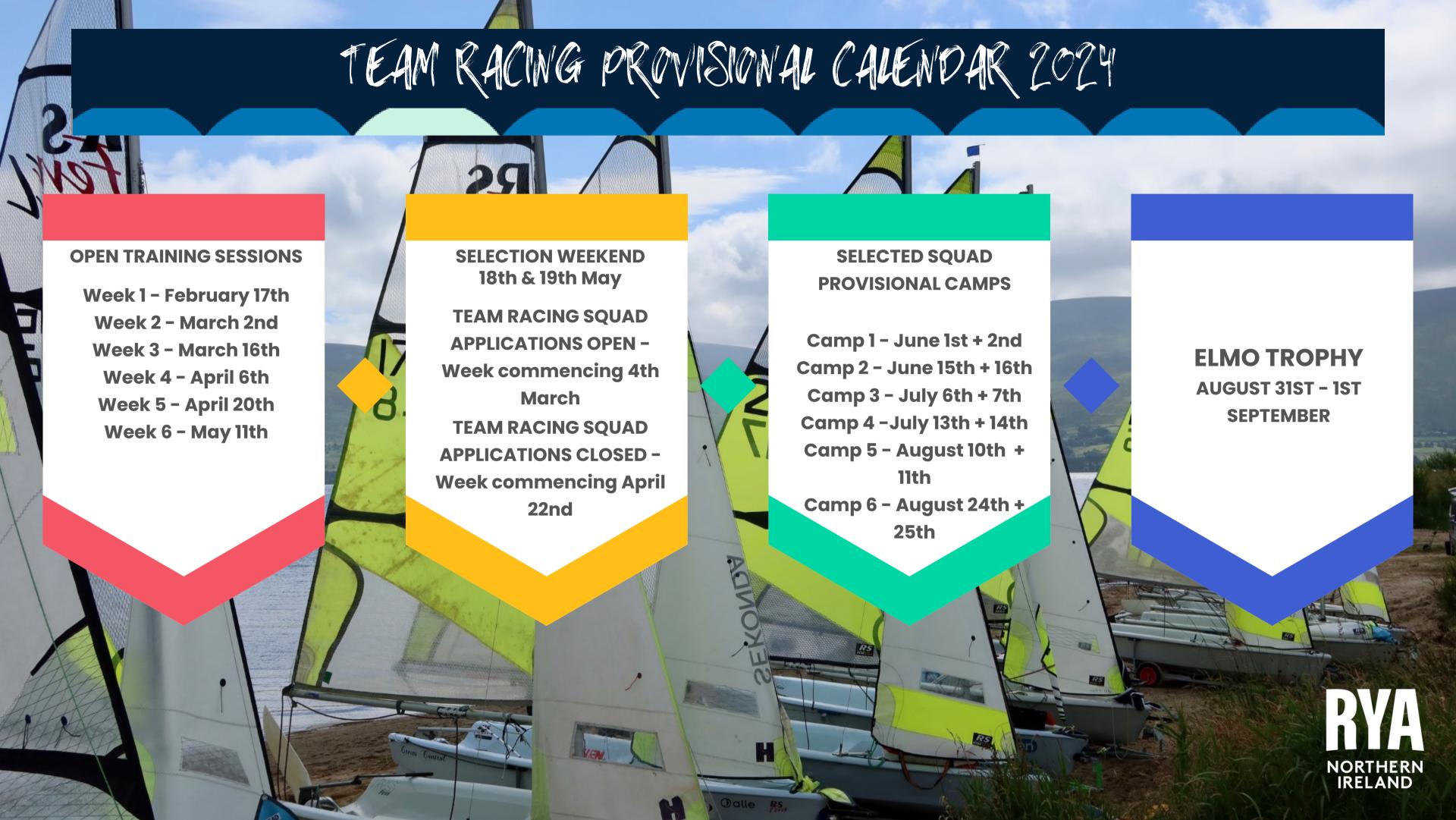


WHAT IS THE TEAM RACING PROGRAMME?

The RYA Northern Ireland Team Racing Programme (TRP) is a key area of our new pilot project, "Project Theia". We hope to create drive around clubs in Northern Ireland by developing a Team Racing Scene and to see growth of Team Racing Programmes within Clubs as an alternative racing pathway for people of all ages and abilities.

This will be delivered by:

- 1.Development of a Northern Ireland Team The Team Racing Team is aimed towards over 16s under 19s, with the intention of a team being selected to represent RYA Northern Ireland in the Elmo Trophy which takes place at the end of August each year. The TRP will aim to have six open training sessions delivered by the Pathway Coaches, one selection weekend and six Training Camps for the selected team prior to the Elmo Trophy. The six open training sessions will likely dive into boat handling, tactics and strategy, racing rules, race scenarios and teamwork. Selection weekend will have an application process open prior to this, which will be shared with the lead coach to assess who will be part of the team moving forwards. Six sailors will be selected with the possibility of having two reserves. To apply for the RYANI Team Squad all applications must be completed and criteria met. Selections will be made by the Lead Coach and the RYA Performance Committee. Timings for training will run from 9am 5pm.
- 2. Working with Clubs to develop a Team Racing Pathway across Northern Ireland, with the potential of a Team Racing Series/National Cup to be implemented. Details of this are still to be discussed and confirmed. We believe that this could be a very successful pathway for youth and above and will also support one of our focus areas "Women and Girls". Additionally, the pathway will support youth and adult sailors with the Racing Rules of Sailing, Tactics, Strategy, Teamwork and will provide skills in double handed sailing for those wanting to go down the coaching and instructing pathway.



EXPECTED COSTS TEAM RACING PROGRAMME

OPEN TRAINING SESSIONS

£40 PER SESSION - RYA MEMBER

£50 PER SESSION - NON
RYA MEMBER

SELECTION WEEKEND 18th & 19th May

£80 WEEKEND - RYA MEMBER

£90 WEEKEND - NON RYA MEMBER SELECTED SQUAD PROVISIONAL CAMPS

£80 WEEKEND - RYA MEMBER

£90 WEEKEND - NON RYA MEMBER

ELMO TROPHY

ESTIMATED £100 / £200 ENTRY FEE FOR WEEKEND





Sailor FAQ's - Team Racing

• Do I need to attend all the open training weekends to apply for the Team Racing Squad?

No, however this is your opportunity as a sailor to learn more about team racing and enables the coaches leading the programme to see your progression on and off the water before selections. Additionally attendance for open training is likely to be recorded for the selection panel for those applying to the Team Racing Squad.

Do I need my own boat for training and for the Elmo Trophy?

No, boats will be provided for all the sessions and for the Elmo Trophy?

What should I pack in my sailing bag?

You should bring, wet gear, towel, change of clothes, gym kit, notebook and pen, water bottle, snacks, lunch, racing watch, hat, gloves, sun cream.

How does selection work?

Selection weekend will be based on the selection policy and criteria. The sailors applying for selection will be assessed by a Lead coach and applications will be reviewed by the Performance committee, Lead Coach and Pathways Officer. There will be no appeals against the published selection criteria or the actions of the selectors, provided they follow the selection criteria.

Selection Criteria which will be embedded in the policy

- Only 2 sailors allowed to be accepted if applying as a current NI squad member.
- Must be 3 girls selected and 3 boys selected to complete a squad.
- Total of 6 sailors selected to complete a squad, it is likely we will offer spaces for up to four reserves.





Next steps - Team Racing Host Team RYA Team Racing Open Training - Squad

For the first year running this we will be focusing on two host clubs which the Pathways Officer will approach independently. After the Team Racing programme is finished, which will be after the Elmo Trophy. There will be an application process clubs to apply for hosting the following year and an opportunity to meet with the Pathways Officer to discuss next steps in growing a Team Racing Pathway at your Club.

Key things to consider for future applications or expressions of interest:

Clubs investing in double handed classes that are suitable for youth and adults progressing within this pathway - what training and racing opportunities will you provide? A clear development plan and vision for supporting double handed pathways and team racing within your club. Host clubs must have x6 double handers available for training.



