

# TRAINING/COACHING RISK ASSESSMENT

- To be carried out prior to any training taking place

Consider those of the following that are applicable

	<b>Risk To Be assessed</b>	<b>Comments</b>	<b>OK to Sail</b>
1.	The wind strength & direction (current Forecast)		
2.	The Sea State (Current & forecast)		
3.	The Visibility (current & Forecast)		
4.	The Tide Times		
5.	The scheduled start & projected finish times (Tidal considerations etc)		
6.	The Number of boats		
7.	The number and manning of any safety boats		
8.	The level of shore support (communication & logistics)		
9.	The club & other club courses & intensions		

*I conclude that the risks involved in racing/training today are low and that the planned activity can proceed.*

Signed ..... Date .....

Print Name .....

# TRAINING/COACHING RISK ASSESSMENT

*If medium or higher (delete as applicable), consider the sailors capabilities to engage in the activity. Consider the severity and consequences of any injury that could be sustained through involvement of the activity, and then evaluate the relevance and outcomes, and balance against the hazards and inherent dangers of the activity*

*Also when risks are medium or higher, and sailing is to continue the following precautions - where appropriate - have been taken (delete as appropriate) to reduce the risk of injury to those participating:*

	Risk to be assessed	Comments	OK to Sail
1.	Liaison and agreement between safety coordinator and race committee/ Head coach		
2.	All boats parents guardians or adults acting in loco parentis warned of the risk level assessed		
3.	Less experienced sailors not allowed to participate		
4.	Courses set inshore		
5.	Additional safety cover organised (please list)		
6.	Start time postponed		
7.	Consultation with HM Coastguard/Harbour Authority		
8.	The advice and wishes of the race officer/club official		
9.	Briefing of participants parents and guardians		
10.	Briefing of safety personnel		

***I conclude that with the above precautions sailing is acceptable.***

Signed ..... Date.....

Print Name .....

***If unacceptable risks remain - I confirm racing/training was cancelled.***

Signed ..... Date .....

Print Name .....