

## VITAL STATISTICS...

Name:	Hannah Stodel
Class:	Sonar
DOB:	27 August 1985
Born:	Colchester, Essex
Currently Living:	West Mersea, Essex
Education:	Studying Sport & Exercise Science at Loughborough University
Started Sailing:	Aged three in Brightlingsea in a Mirror
Duration in current class:	Since 2003
Sailing partners:	Stephen Thomas and John Robertson
Coach:	Simon Rosier
Greatest strength in sailing:	Coping under pressure
Greatest weakness in sailing:	Stamina
Biggest Goal:	To win a Paralympic gold medal
Other interests away from sailing:	Sport
Sailing Career to date:	<p><b>OLYMPICS</b></p> <p>2012 London Paralympic 5<sup>th</sup>                  2008 Beijing Paralympics 6<sup>th</sup>                  2004 Athens Paralympics 6<sup>th</sup></p> <p><b>WORLDS</b></p> <p>2013 IFDS Worlds 5<sup>th</sup>                  2012 IFDS Worlds Bronze                  2011 IFDS Worlds Silver                  2010 IFDS Worlds Silver                  2009 IFDS Worlds 7<sup>th</sup>                  2007 IFDS Worlds 6<sup>th</sup>                  2006 IFDS Worlds Gold                  2005 IFDS Worlds Gold                  2003 IFDS Worlds Bronze</p> <p>2014 Sail for Gold Regatta 1                  2014 Delta Lloyd Regatta 2                  2014 ISAF SWC Hyeres 1                  2014 ISAF SWC Miami 2</p> <p>2013 EUROSAF – Sail for Gold Regatta Gold                  2013 EUROSAF – Delta Lloyd Regatta Bronze                  2013 Hyeres Regatta 5<sup>th</sup></p> <p>2012 Skandia Sail for Gold Regatta Gold                  2012 Hyeres Regatta Gold                  2012 Rolex Miami OCR Regatta Silver</p> <p>2011 Skandia Sail for Gold Gold                  2011 Hyeres Regatta 4<sup>th</sup></p>



2011 Rolex Miami OCR Regatta	Gold
2010 Skandia Sail For Gold	Silver
2010 Hyeres Regatta	7th
2010 Rolex Miami Regatta	Silver
2009 Skandia Sail For Gold	Silver
2008 IFDS Qingdao International Regatta	Gold
2008 Hyeres Regatta	Gold
2008 Paralympic Midwinters	4th
2008 Rolex Miami OCR	4th
2007 Rolex Miami OCR	Bronze
2005 Rolex Miami OCR	Gold

## MEET THE SAILOR...

Despite being born without a right forearm, Hannah has been able to adapt different techniques to overcome her disability. Having joined the RYA Mirror National Junior Squad in 1995, Hannah went on to become the first British woman to compete in a sailing competition at a Paralympic Games in the Sonar at Athens 2004 as well as winning back-to-back World Championships in 2005 & 2006.

Who is Hannah Stodel?

She thinks the toughest part of the sport is the constant thought that goes into everything and the fact it's a never ending process to stay on top. She admits she always finds herself thinking of the next move and finds it hard to turn off from the sailing world.

Inspired by Dame Ellen Macarthur's sheer determination and can-do attitude, Hannah was named Yachting Journalists Association Young Sailor of the Year 1999. She says among her most embarrassing sailing experiences include having to wee on the boat with two guys as well as once stepping off the back and missing land!