



Notice of Selection

RYA British Youth Sailing

2019/20 RYA UK Youth Squad Selection

2020 British Youth Sailing Team Selection

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1. INTRODUCTION

- 1.1 This document sets out the squad, team or class-specific selection policy, practice, process, criteria and the responsibilities of individuals & organisations involved in the selection process for the RYA British Youth Squad and the British Youth Sailing Team.
- 1.2 This document supplements and should be read in conjunction with the British Youth Sailing “Programme Selection Policy & Procedures”, which is available from the RYA website. It consists of the following sections:
- a) Aims of the Programme
 - b) Eligibility
 - c) Section practice
 - d) Selection process
 - e) Selection criteria
 - f) Appeals
 - g) Status
 - h) RYA UK Youth Squad and British Youth Sailing Team Composition
 - i) RYA UK Youth Squad and British Youth Sailing Team Indicator Events
 - j) Application
- 1.3 Where class association World and European championships have a limited number of entries – Laser & 420 classes for example – the RYA has no remit to select sailors or teams to attend these events. This responsibility sits with the relevant UK Class Association and their qualification process and policies. In this situation this policy sets out which of these sailors may be in receipt of RYA support.

Appendices

- A. 2019/20 RYA British Youth Sailing supported events & anticipated RYA UK Youth Squad sizes & selection process.
- B. 2019/20 Profiling
- C. British Youth Sailing Values & Behaviours
- D. British Youth Sailing Critical Success Factors

2. AIMS OF THE PROGRAMME

2.1 The overall aim of the RYA British Youth Sailing programme is to:

“Develop & Retain the Best Racing Sailors in the World”

2.2 In order to achieve the above, we aim to select squads & teams comprising those individuals and teams who are most likely to excel at dinghy, windsurf and kiteboard racing to receive additional coaching and support from the RYA and thereby:

- a. Create high performance environments that develop sailors to successfully transition into the BST (and other senior programmes) to meet the needs of the programme ; and
- b. Make best use of RYA, funding partner and sponsor resources.

Together the “Programme Aims”

3. ELIGIBILITY

British Youth Sailing’s remit covers all sailors U23 unless specifically covered by another RYA programme (the RYA British Keelboat Academy for example) therefore any sailor U23 on the 31st December 2020 may be considered for selection under the discretion of the selection committee.

However normally, to be eligible for selection, sailors must:

- 3.1 At the time of selection be eligible to compete for Great Britain at a World Sailing sanctioned event as defined in World Sailing Regulation 19.
- 3.2 For the UK Youth Squad (i.e. September selection) be U18 on the 31 December 2019, with the exception of the below.
- 3.3 For the British Youth Sailing Team (i.e. April selection); normally be aged U19 on the 31 December 2020 (individual event selections may differ to this), with the exception below.

In exceptional circumstances, sailors who do not comply with 3.1 may nevertheless be eligible and selected, if expressly confirmed by the RYA Youth Racing Manager. Such sailors will be required to carry GBR on their sails and may be required to sign a written declaration of intent to comply with 3.1.

In double handers, in order to help sailing partnerships stay together and allow sailors to progress at a rate consistent with the maturation of their ‘academic’ peers, sailors normally remain eligible for selection when:

- a. For **UK Youth Squad** (i.e. September selection) when one member of the team is aged U19 on the 1 September 2019 and the other is aged U18, provided the older sailor was born between 1 September and 31 December inclusive.

- b. For **British Youth Sailing Team** (i.e. April selection) when one member of the team is aged U20 on the 1 September 2020 and the other is aged U19, provided the older sailor was born between 1 September and 31 December inclusive.

Exceptionally for 29er girls, Laser Standard, Laser Radial girl & RS:X girl sailors, the age for selection for all selection points are raised to U21 on the 31 December 2020 by selectors' discretion.

For 29er, Laser Radial & RS:X girl sailors these would be additional places at the selector's discretion and not at the expense of Youth Sailing World Championship age sailors.

Attention is drawn to the World Sailing age of eligibility for Youth Sailing World Championships selection which means that sailors that do not comply with 3.1 – 3.3 cannot represent GBR at the Youth Sailing World Championships 2020.

Selection to the RYA UK Youth Squad and British Youth Sailing Team is conditional upon:

- Full commitment to the programme unless specific permission has been granted
- Continuing to satisfy the eligibility criteria.
- Attending and engaging with profiling as set by British Youth Sailing Pathway.
- Adherence to the terms and conditions within the squad contract.
- Exhibiting behaviours consistent with the BYS values.

Any selection is subject to the prior compliance to and on-going conformance to any standards, expectations, charters and codes of conduct lay down by the RYA and its representatives.

4. SELECTION PRACTICE

The Selection Committee is appointed as per the British Youth Sailing "Programme Selection Policy & Procedures" and currently comprises of the following people, none of whom will have eligible children within the Youth classes:

- Chair of Selectors – Youth Racing Committee
- RYA Director of Racing
- RYA Youth Racing Manager
- RYA Pathway Head Coach
- RYA Senior High Performance Manager

The RYA UK Youth Squad is normally selected annually at the winter selection point in September/October and then reviewed in January.

The Selection Committee or their representatives may attend events during the year to gather information upon which to make their decisions.

British Youth Sailing teams for summer international support are normally selected at the April selection point. When relevant this will also be used as the Youth Squad review. All sailors who wish to be considered for selection should apply or reapply annually at the September point. Any sailors that do not or cannot apply at this point can also apply at the April point

Selection or reselection is at the discretion of the Selection Committee and based upon meeting the sailing performance and physiological benchmarks as defined, irrespective of previous squad membership.

This applies for all sailors.

In each class there are specified indicator events from which there are normally places allocated on the basis of results, age criteria and the discretion of the Selection Committee.

As per table outlined below:

	Youth Squad	British Youth Sailing Team
Time of year selections made	September/October (2019).	April (2020) (after the RYA Youth National Championships).
Purpose	Select sailors for RYA UK Youth Squad Sept/Oct 2019 (Inc. YS A)	Select sailors for British Youth Sailing Team for the Summer 2020 (Inc. YS A)
Review Points	January	June/July

5. SELECTION PROCESS

5.1 Selection of the sailors for inclusion in the UK Youth Squad or British Youth Sailing Team will be determined by the Selection Committee (see section 4). Their remit is to select sailors in order to:

- Best fulfil the Programme Aims.
- Support the future aims of the British Sailing Team, and other senior development programmes

5.2 All selections are made at the discretion of the Selection Committee.

5.3 The process the Selection Committee will normally follow to select the squad/team is:

- 5.3.1 A number of places will normally be allocated by the Selection Committee based upon the highest ranked eligible sailors at the primary indicator event(s) using the indicative number of result based places and the criteria listed in Appendices A, B, C

5.3.2 Further places may be allocated by the Selection Committee based upon the indicative number of additional places listed in Appendix A and their consideration of the criteria listed sections 2, 3 & 6.

- 5.4 Sailors targeted for additional support (A squad sailors) are chosen by selector's discretion and awarded in consultation with the relevant pathway coach. These places are normally the top two or three boats in each class and in the summer period this support would normally be focused on the preparation of teams for the Youth Sailing World Championships. At the September point these places may not be awarded.
- 5.5 At the review points the Selection Committee may select sailors to join the RYA UK Youth Squad and or the British Youth Sailing Team. Sailors may also be deselected from both squad and team at these points.

The process that the Selection Committee will normally follow to review sailors is:

- Results progression.
- Continued engagement with profiling and physical development.
- Adherence to the Eligibility criteria detailed in section 3.

5.6 **2020 British Youth Sailing Team Selection**

The Selection Committee has full discretion when awarding international travel grants and places within British Youth Sailing teams.

International travel grants and places within British Youth Sailing teams will ordinarily be awarded following the selection point in April.

The likely size of any British Youth Sailing Teams, the process, number of grants available and the likely notification date is outlined in Appendix A. Grants may be offered in whole, in part or not offered at all depending on the Selector's appraisal of the best way of fulfilling the Programme Aims detailed in item 2.

Unless otherwise stated, or unless the eligibility criteria for the regatta differs, where an age category is mentioned as part of the results based criteria for international events or grants, this shall be assumed to be as of 31 December 2020.

The indicative number of grants may not be awarded if insufficient eligible sailors win places in teams via the class selection process.

Sailors may only normally accept a grant/subsidy for a given regatta from either the British Youth Sailing or British Sailing Team, not both.

Where a selected sailor has already been offered a British Sailing Team grant for that regatta, then the British Youth Sailing grant may either be offered to another sailor or withheld entirely.

Additional support may be provided for other events identified later in the year as appropriate. This will be dependent on available funding and resource at that time.

5.7 RYA UK Youth Squad A Status

The RYA UK Youth Squad A status aims to support those sailors from within the UK Youth Squad that the Selection Committee have identified as having the most potential to progress to the British Sailing Team and win medals at major international regattas.

It may provide additional international competition exposure, sports science/lifestyle support or domestic and international training for a small number of boats/sailors supplementary to the core RYA UK Youth Squad programme.

It gives direction to Coaches to allow them to prioritise their time.

Support associated with Youth Squad A Status is designed to increase the British Youth Sailing Teams chances of winning medals at World and European Championships and enable the smoothest progression to Olympic Class sailing.

It also provides additional support for increased Regional/Home Country training.

This additional support is a Sport England resource for English sailors only. In situations where Home Country sailors qualify for Youth Squad A status, additional support may be awarded at the discretion of the Selection Committee, dependent on what support is available from their Home Country National Governing Body.

6. SELECTION CRITERIA

The Selection Committee have full discretion within the remit of fulfilling the programme aims when making their selections.

The Selection Committee will ordinarily only select sailors that have successfully completed profiling as set by the Pathway Sports Science Team.

The Selection Committee will normally use one or more of the following criteria to select sailors, in accordance with the British Youth Sailing “Programme Selection Policy & Procedures”:

- Performance at the Primary Indicator event.
- Performance at the Secondary Indicator event(s).

- Performance at other events.
- Performance at a significant international regatta.
- Performance at major national events/training.
- Age, height and weight.
- Coach feedback
- Attitude and behaviour at the events in the series and during previous training
- Mitigating Factors affecting results.
- Class ranking lists.
- Anticipated squad dynamics.
- Any other factors the selectors consider relevant to fulfilling the Programme Aims.

The Selection Committee may review any available fitness testing data, as well as data and information provided as part of the application process.

Any relevant reports from coaches and class associations

7. APPEALS

No legal action may be taken arising from a decision made by the Selectors.

Any appeal relating to the selection process will be conducted in accordance with the RYA Racing Department Selection Appeals Policy. A copy of this document is available on request from the RYA Racing Operations Manager.

8. STATUS

The Royal Yachting Association (RYA)'s policies and procedures are subject to change from time to time, including variations required to comply with Sports Councils' directions on the investment of National Lottery funds. The RYA reserves the right to amend, supplement and/or discontinue at its absolute discretion, for whatever reason, any or all of its policies and procedures.

Grants will be repayable upon notification, if the competitor does not attend the regatta(s) for any reason. The RYA reserves the right NOT to provide international competition grants or withhold them for any reason.

9. RYA UK YOUTH SQUAD AND BRITISH YOUTH SAILING TEAM COMPOSITION

Appendix A outlines the intended RYA UK Youth Squad and British Youth Sailing Team sizes, number of places and team support offered.

For the avoidance of doubt: all selections, squad sizes and composition will be determined by the Selection Committee, however this document outlines the clear intent of the Selection Committee, and the principles they follow.

9.1 There are 9 Class disciplines that correspond with the Inshore Olympic Classes;

- RS:X (Girls)
- RS:X (Boys)
- Laser Radial (Girls)
- Laser Radial (Boys)
- 420 (Mixed)
- 29er (Girls)
- 29er (Boys)
- Nacra 15 (Mixed)
- Kiteboard (Mixed Relay)

Indicative squad size per discipline is normally 6 boats/boards.

9.2 In addition there is the Olympic Class discipline Laser Standard (Boys) that is supported with a Youth Squad of normally 3 boats.

9.3 Indicative team size is normally 3 boats/boards.

9.4 Selection is based upon the quality of sailors and the needs of the programme at the point of selection. The selectors may exercise their discretion to not select a full squad or any squad dependent on what the programme needs and the desire to maintain quality.

9.5 In the 29er class, whilst there is no specific open team criteria, mixed teams will be considered for selection against the performance of the all boy or all girl boats at the discretion of the Selectors.

9.6 In the Nacra 15 Class, whilst there are no gender specific team criteria, all boy & all girl teams will be considered for selection against the performance of the mixed boats at the discretion of the Selectors.

9.7 In the 420 class the Selectors preference would be to select equal number of boy and girl sailors but recognise the complexities of mixed and gender specific teams and International competition eligibility and this is not always possible.

9.8 The RYA will take all reasonable steps to ensure that a sailor who has a genuine and serious desire to identify in a different gender to that assigned at birth is able to participate in the RYA squad programme appropriate to their self-identified gender. For more information on the RYA's policy please contact the RYA Safeguarding and Equality Manager, Jackie Reid, on 023 8060 4104 or e-mail equality@rya.org.uk

10. RYA UK YOUTH SQUAD AND BRITISH YOUTH SAILING TEAM INDICATOR EVENTS

Appendix A details the two categories of events which contribute to selection decisions, these are:

- **Primary**, which are used principally to allocate any results based places;
- **Secondary**, which can be used in conjunction with **primary** indicators to support any additional selections.

The Selection Committee will also use other national and international events to review the sailor's performance as appropriate.

11. APPLICATION

Sailors who wish to be considered for a place in the RYA UK Youth Squad and British Youth Sailing Team must apply on-line at <http://www.rya.org.uk/racing/youth-junior/Pages/hub.aspx>

Sailors who are offered a place must be a member of the RYA in order to accept.

Applicants will be notified in writing as soon as is practically possible after the completion of the final indicator event, and usually within 14 days.

12. BRITISH SAILING TEAM

The first element of the British Sailing team is the Podium Potential Pathway (P3). The consideration for selection to the British Sailing Team is based on three criteria:

- Sailing Performance
- Profiling
- Values & Behaviours

The qualification matrix is published in the Olympic Classes handbook, available online and on request.

To help with a smooth transition sailors may be supported in both P3 and Youth programmes through coaching and event support.

Once a sailor has been selected to the British Sailing Team they will not take a youth squad place although they may be in receipt of youth support.

13. FURTHER INFORMATION

For further information please initially contact:

- Performance Operations Manager, Olivia Risk, Olivia.risk@rya.org.uk

Alternatively please send an e-mail to the Youth Racing Manager at racing@rya.org.uk

Appendix A - 2019/20 RYA BYS supported events & anticipated RYA UK Youth Squad sizes & selection process

Please see separate document

Appendix B- 2019/20 Physiological Benchmarks

Physiological profiling is collated from non-elite research in athletic individuals of the same age and gender. These are considered the minimum level of physical performance for a UK squad sailor to give the best possible chance of progression through the pathway by increasing robustness and maximising effective time on the water through the following:

- Reduce days lost on the water due to chance of injury
- Reduce days lost on the water due to chance of illness
- Reduce fatigue – Increase effectiveness of time on the water
- Improve recovery – Accelerate learning
- Reduce decline in cognitive function over time
- Enable a more productive learning environment to maximise skill development
- Display positive behaviours in physical development to enable smoother transition to the greater demands of the Olympic classes or into new classes that have different physical demands

To be eligible for selection on to RYA UK Youth squads, sailors attend and complete one profiling session per year and engage proactively to progress their physical development.

The RYA reserves the right, to review profiling from time to time, based upon the recommendations of the British Sailing Team sports science team. Any changes would not be applied retrospectively to disadvantage any sailors who already profiled.

Appendix C - British Youth Sailing Values & Behaviours

Passionately Ambitious

'Be the best you can be'

Youth – Committed to your programme

BST P3 – Hunger and desire to improve your performance through prioritisation

Curiosity

'Fascination with the process of learning'

Youth – Experimenting with different ways of learning

BST P3 – Motivated to learn from all experiences

Courage and Determination

'Never give up'

Youth – Embrace failure in order to ultimately succeed

BST P3 – Strive to bounce back after a set back

Ownership

'Take responsibility'

Youth – Take responsibility for your actions

BST P3 – Manage your own programme

Respect and Integrity

'Doing the right thing'

Youth – Exhibit sportsmanship

BST P3 – Exhibit professionalism

Appendix D - British Youth Sailing Critical Success Factors

“Develop & Retain the Best Racing Sailors in the World”

Critical Success Factors

- 1 Create fast sailors in all conditions.
- 2 To develop mentally and physically robust sailors that do not break down.
- 3 To develop excellent non-dependent decision-makers.
- 4 To develop sailors that excel under extreme pressure.
- 5 To nurture passion, professionalism and a performance mind-set.