



RSX National Youth Training

The RYA British Youth Sailing team and the RSX Class Association are working together to provide inclusive, accessible training available to all Youth windsurfers. With this in mind, there will be no RYA UK Youth Squad for the 2019/2020 winter training period.

Instead, the RSX Class will be running National Youth Training, supported by the RYA. This is open to all RSX sailors and will be run at a variety of venues. To enable the RSX Class to successfully plan and deliver this training programme, it is important that sailors sign up and commit to the series of training sessions planned. There will be expert coaches available to cater for all sailors.

For information on dates, venues and how to sign up, please see the following links:

Facebook UK RSX Class - for information on Class activity:

<https://www.facebook.com/groups/976627885733339/>

'OurClubAdmin' registration site – for registration and bookings:

<https://rsx.ourclubadmin.com/>

Internationals

The RYA will select a small team of sailors to support at 2020 Internationals following the UK Youth Nationals in April 2020.