



Disability Awareness

Your name

Disability Development Officer ()

Who's in the room?

- Name
- Club
- Role

RYA Disability Awareness Training Course?

- It's a one day course delivered by trained instructors
- It gives you a set of principles and frameworks, that you can use to ensure disabled members of your club feel welcome, get their needs met and are able to participate.
- It uses video, practical activities and scenarios based on real events
- Your club will have disabled members whether they use that label or not

Some Interesting Facts

- 1 in 5 people have some form of disability in the UK
- Nearly 75% of individuals have more than one impairment.
- Almost 70% of these people are aged over 50
- There are 9.4 million people with a disability in England

Figures from Sport England

Social Model of Disability

- The course uses the social model of disability
- It's all about the person not the “disability”
- Example - Not “the sailor can't get to clubhouse because they can't walk up the steps”, but rather that “they can't get to clubhouse because there's no ramp.”
- The Social Model looks at ways of removing barriers that restrict life choices for disabled people, like being able to go sailing.

Disability Awareness

The edf advert



<http://theinclusionclub.com>

What are the Barriers?

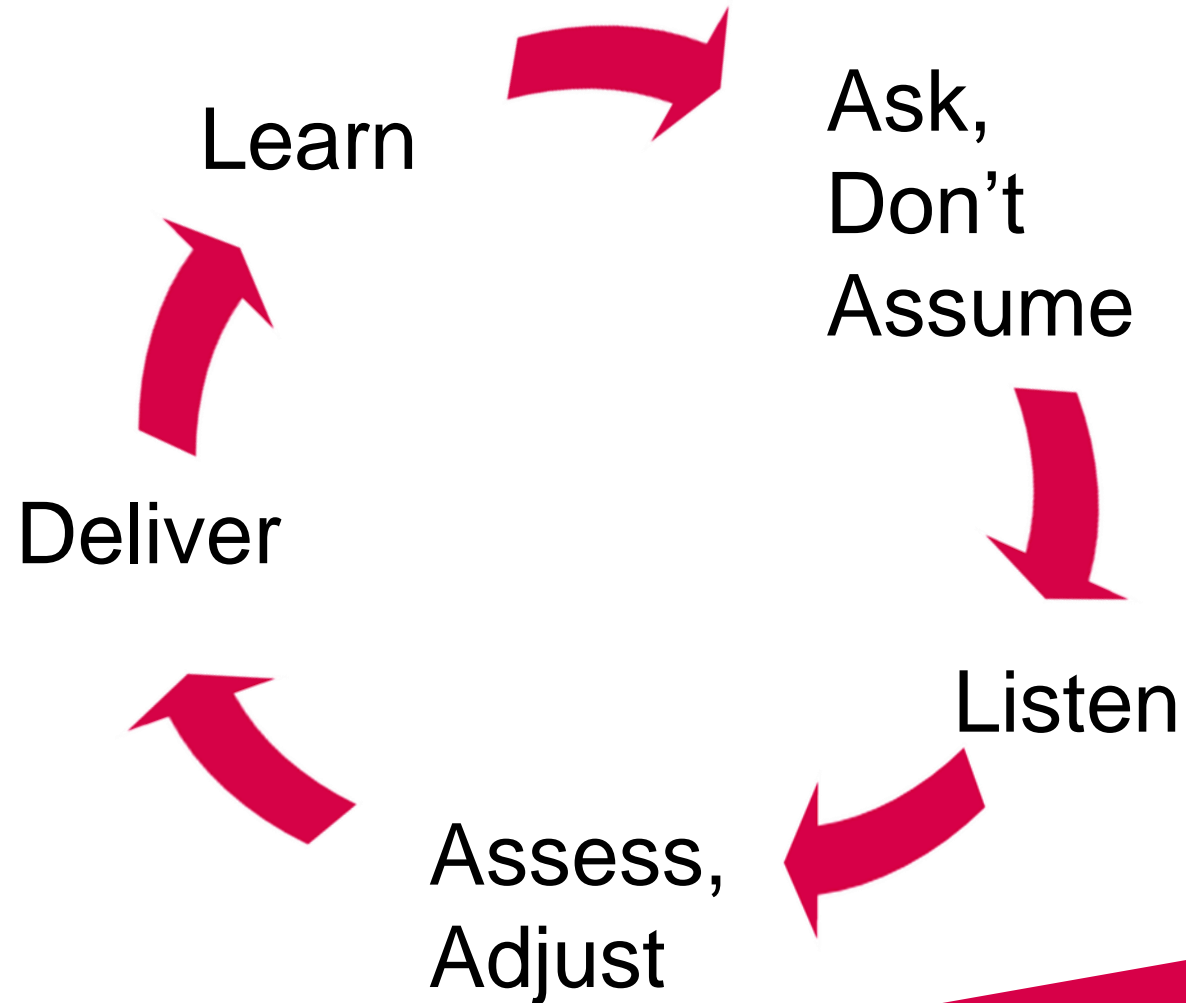
- What are the barriers to disabled young people and adults participating in boating?

Sailability Scenario 1 (Physical Disability)

What's Important?

- Where you stand
- Ask – don't make assumptions.
- Don't talk to the personal assistant, talk directly to the person.
- Take time to get to know the person
- Make sure you ASK what help is needed - Don't push a person's wheelchair without asking.
- Don't lean on a person's chair or hang items on the handles – it's their personal space!
- Not everybody uses a wheelchair

Conclusion



Any Questions?