



ERJC 26 & 27th September 2020 - Pre event guidance notes

Questions to consider and guidance before attending your event at Grafham Water Sailing Club for sailors, parents and authorised guests

Before you leave home

- **You are making an active OPT IN choice to take part in this event, go on the water and understand that you increase your risk and therefore household risk of exposure to COVID 19**
- A quick health check:
 - Have you had or been in contact with anyone with a positive Covid-19 test within the last 14 days? ○ Have you shown or suffered from any symptoms of Coronavirus within the past 14 days?
 - Have you had close or physical contact with anyone showing or suffering symptoms of Coronavirus within the past 14 days?
 - If you have answered YES to any of the questions, please STAY AT HOME and do not attend the event.
- Have I prepared myself due to the lack of changing and shower facilities?
- Have you read the GWSC COVID19 procedures on our web site <https://www.grafham.org/covid-19-operating-procedures.html>
- Do you have your hand sanitiser and mask?

On entry to the site:

- **Please use the NHS Track and Trace system. Posters with the QR code will be displayed all-round the club site.**
- **Information on its use and download information can be found via the following link.**
<https://www.bbc.co.uk/news/technology-54250736>
- **It is worth downloading the App before you come to the event**
- **If for some reason you cannot use the app, please use the register in the book in the downstairs Café.**

Camping and overnight:

- The Clubhouse will be closed overnight as are the changing rooms and showers. There are Portaloo toilets for use on the east side of the clubhouse.

Ashore at the venue

- Unless camping overnight, please do not arrive at the venue before **08:30**. Registration will be carried out by Meet and Greet personnel
- All changing rooms and showers are closed. Please bring and wear additional clothing appropriate to the prevailing weather conditions
- Toilet facilities will be limited and operating on a one way system. During clubhouse opening times these must be entered via the steps at the main entrance of the club house and the one-way system followed exiting down the external staircase. No more than 2 at a time. Hand dryer is turned off. There are paper towels, soap and sanitisers in place, please use them
- Boat parking will be controlled
- Look to minimise time in the boat park
- Maintain Social distancing of 2m with all outside your bubble
- Avoid sharing touch points, and when you do wash hand straight after: hoses, door handles, flushes.
- Expect to wear a mask when you are indoors
- Launching and recover down the slipways allocated, observe social distancing and also reduce touch points and cross contamination. See site map attached below.
- Once in the water, move trolley to one side to keep slipway clear for other users. Trolleys must not be stacked.

- On return, if sails need to be dropped before recovering boat, do this on one side of the slipway so that it remains clear.
- Unless it is essential, do not handle any trolley but your own
- Parents and authorised guests (non-sailors), have a plan what you will do when your sailors are on the water- there may be no indoor space to wait in and **it is illegal to gather in groups larger than 6 people** .
- The Official Notice Board and all communication with the race office will be done electronically, so please bring your mobile device. : - https://www.rya.org.uk/racing-events/2020_east_regional_junior_championships/Pages/event-overview.aspx
- Email for use during the event notices will be RJC@rya.org.uk

Wash down

- Boats must be washed down before leaving the Club to comply with CCD guidance. The main wash own facility is above the slipway to the west of the clubhouse. A separate wash down facility may be available above the east slipway if launching is advised from there

While afloat at the event

- Maintain social distancing on the water, avoid rafting with other boats
- In crewed dinghies, have you appropriate measures in place to follow the RYA Guidance on sailing & racing with participants from different households during COVID-19 in England
<https://www.rya.org.uk/SiteCollectionDocuments/clubs/RYA%20Sailing%20%26%20Racing%20in%20Mixed%20Households.pdf>
- Carry your own personal supply of food, drink and kit, you will not be able to deposit your dry bags in the safety boats.
- Rubbish cannot be place in safety Boats or committee boats.

Results

- Will be published online as soon as possible after the completion of racing on the GWSC web site and the RYA site https://www.rya.org.uk/racing-events/2020_east_regional_junior_championships/Pages/event-overview.aspx

Prize giving:

- There will be no prize giving. Prize arrangements are described in the SIs.

Cafe:

- Face covering to be worn when ordering and collecting food. Follow the one way system, entering via the door facing the lake. Sanitiser is placed next to entrance and exit doors. Card payments only, contactless preferred.
- Breakfasts will be available from 0830 each day.

Consideration for people working at the event (race management teams, coaches, volunteers)

- They are in a work environment. Please respect their social distancing of 2m+
- Coaches may be working with many other groups of sailors please help them to stop cross infection to these groups.

GWSC SITE MAP



Dinghy Parking Allocation

- a. Saturday
 - i. **Slipway 2** Feva's plus any camper Toppers
 - ii. GWSC Toppers down their normal slipway
 - iii. **Slipway 6 & 7** Equal Spread of Toppers
- b. Sunday
 - i. **Slipway 2** Teras
 - ii. **Slipway 6 & 7** Equal Spread of Optimists