



RYA SCOTLAND CHAMPION OF CHAMPIONS REGATTA
HELENSBURGH SAILING CLUB
 19-20 October 2019

SAILING INSTRUCTIONS

The organising authority is Helensburgh Sailing Club
 in conjunction with RYA Scotland

1 RULES

- 1.1 The Regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 Competitors should note that the event will implement the RYA Racing Charter and that they will be expected to sail in compliance with it. The Charter can be found at the front of the RYA edition of the Racing Rules of Sailing 2017-2020, or on the RYA website at www.rya.org.uk/racing/racing-rules/Pages/hub.aspx

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official Regatta Notice board situated in the clubhouse of Helensburgh SC.

3 CHANGES IN SAILING INSTRUCTIONS

Any change(s) to the sailing instructions will be posted not less than one hour before the first start on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals ashore will be displayed from the flagpole located in front of the clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP. This changes RRS Race Signal AP
- 4.3 Competitors shall not launch until the D flag is displayed.

5 SCHEDULE OF RACES & CLASS FLAGS

- 5.1 The Competitors' briefing will take place at 10:30 on Saturday 19 October 2019, in Helensburgh SC clubhouse.

<i>Day</i>	<i>Fleet</i>	<i>Time of First Warning Signal</i>	<i>Class Flag</i>	<i>No of Races</i>
Saturday 19 October 2019	Slow Handicap	11:55	E	Up to 4
	Fast Handicap	12:00	G	
Sunday 20 October 2019	Slow Handicap	10:30	E	Up to 4
	Fast Handicap	10:35	G	

- 5.2 To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed (with one sound) not less than 5 minutes before the first warning signal of a series of starts is displayed.
- 5.3 No warning signal will be made after 15:00 on Sunday.

6 RACING AREAS

The racing area will be off Helensburgh Pier, up to 1nm SE of the club, except in extreme conditions when it may be off the club. This decision will be advised by flags L over C, displayed either at the flagpole or, if decided afloat, by the Committee Vessel.

7 COURSES

- 7.1 The diagrams in Appendix 1 show the courses, including the order in which marks are to be passed and the side on which each mark is to be left. They do not accurately indicate the angle or distance between legs.
- 7.2 Boats shall not pass through the start/finish line except at the start of a race and at the end of each subsequent lap.
- 7.3 The course to be sailed will be displayed on the Committee Vessel (black number on a white background).
- 7.4 A gate may be replaced by a single mark to be left to port.

8 MARKS

Marks 1, 1a, 2, 2s, 2p, 3 and 4 (when used) will be cylindrical orange race marks. Mark X will be a round yellow race mark, Mark S will be a spherical black race mark.

9 START

- 9.1 The starting line will be between the mast displaying an orange flag on the Committee Vessel and Mark S.

- 9.2 Boats whose preparatory signal has not been made shall keep clear of the starting area.
- 9.3 Allocations to slow and fast handicap fleets will be a roughly fifty-fifty split and displayed on the notice board not less than one hour before the start of the first race of the series.

10 FINISH

- 10.1 The finishing line will be between the mast displaying an orange flag on the committee vessel and Mark S.
- 10.2 When the race committee intends to finish a race the committee vessel will display Flag S with two sound signals. Competitors shall complete the lap they are sailing as described in Appendix 1 and shall finish when they next pass through the start/finish line.
- 10.3 If conditions dictate the race committee may, at their discretion, take the results of a race from the times recorded for a previous lap.

11 TIME LIMITS

The time limit for each race will be 75 minutes after the start. Boats failing to finish within 30 minutes after the first boat in their class sails the course and finishes will be scored Did Not Finish. This changes RRS 35 and A4.

12 PROTESTS AND REQUESTS FOR REDRESS

- 12.1 Protest forms are available at the Race Office in Helensburgh SC. Protests shall be delivered there within the protest time limit.
- 12.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day. The time limit will be posted on the Notice Board.
- 12.3 Notices will be posted within 30 minutes of the expiry of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be heard in the protest room located in Helensburgh SC. Parties to each protest are requested to remain in the vicinity.
- 12.4 Notices of protests by the race committee will be posted to inform boats under RRS 61.1(b).
- 12.5 Protests will be heard as soon as possible, in approximately the order of receipt. It is the responsibility of the Protestor, Protestee and Witnesses to make themselves available for the hearing.
- 12.6 On the last day of the Regatta a request for reopening a hearing shall be delivered:
- (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day.
- This changes RRS Rule 66.

13 SCORING

- 13.1 One race is required to be completed to constitute a series.
- 13.2 (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
(b) When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 13.3 Results will be calculated using average lap times and the Portsmouth Yardstick system as published by the RYA.
- 13.4 Results for the two classes will be combined to give one overall listing.

14 SAFETY REGULATIONS

- 14.1 Check-out and check-in.
- a) A tally system will be used during the regatta; the tallies will be numbered rubber wristbands which should be worn on each competitor's wrist. Individual tally numbers will be allocated at registration.
 - b) To check-out tallies shall be collected from the tally board which will normally be positioned at the top of the launch ramp prior to going afloat. To check-in the tally should be returned to the tally board immediately on returning to shore after racing, but no later than the protest time limit.
 - c) Competitors that fail to tally correctly may be protested by the race committee. The protest committee may impose a lesser penalty than DSQ for infringements of this SI, if the protest committee awards a points penalty it shall be applied to the first completed race on the day the infringement took place. This changes RRS 63.1.
- 14.2 The race area is within the Queen's Harbour associated with HM Naval Base Clyde, with its southern limit between Rosneath Point and Ardmore Point. The shipping channel into the Gareloch is a Restricted Channel and is subject to closure when large vessels are on passage, This is signalled by one red over two green lights on a tower on Rosneath Point. MOD Police launches or RIBs will keep the channel clear and competitors MUST obey the instructions given by crew on these vessels. If Channel Closure has been advised as likely flag U will be displayed on the HSC flagpole prior to competitors going afloat. Any incidents relating to these requirements must be notified to a race committee boat as quickly as possible.
- 14.3 All competitors shall wear a personal flotation device at all times when afloat, except briefly when changing or adjusting clothing or personal equipment. Wet suits and dry suits are not considered personal flotation devices. This changes RRS Rule 40.
- 14.4 Boats that breach Sailing Instructions 14.1, 14.2 and 14.3 may be subject to a protest by the Race Committee only. The Protest Committee may impose a lesser penalty than DSQ. If the protest committee awards a points penalty it shall be applied to the first completed race on the day the infringement took place. This changes RRS 63.1.

15 SUPPORT BOATS

Except when requested by or agreed with the race committee, coaches and supporters shall not communicate with competitors afloat, tow competitors to or from the race area, or enter the race area.

16 PRIZES

The prize giving will be held in Helensburgh Sailing Club as soon as possible after racing ends on Sunday afternoon.

17 RISK STATEMENT

- 17.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 17.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
 - (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

18 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per event or the equivalent.

Appendix 1

